THE INTERCONNECTION OF **CAREER DEVELOPMENT AND MENTAL HEALTH:** Strategies and Techniques to

Promote Well-Being and Success

NCDA GLOBAL CAREER DEVELOPMENT CONFERENCE

SAN DIEGO, CA • JUNE 26-28, 2024 PRE-CONFERENCE: JUNE 25, 2024

PROGRAM BOOK

Jobs for Career Development Professionals

Introducing two NEW job posting services offered by NCDA! Both are optional add-on services to our current paid job listings.

Boost your job posting's exposure and increase brand awareness with strategically targeted electronic announcements to select NCDA constituents.



Use branded posting by including your organization's logo with your job announcement.



FEES:

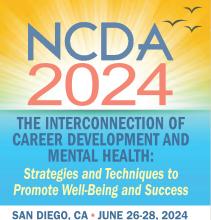
30-day job posting: \$125 member \$175 non-member

New options: \$100 each



National Career Development Association

Members may view jobs at www.ncda.org



SAN DIEGO, CA • JUNE 26-28, 2024 PRE-CONFERENCE: JUNE 25, 2024

Welcome to the 2024 NCDA Conference!



Welcome to San Diego and the 2024 Conference! We're excited that you have joined us to engage in learning and to contribute your knowledge and insight on *The Interconnection of Career Development and Mental Health: Strategies and Techniques to Promote Well-Being and Success.* Our keynote speakers and presentation leaders will provide valuable perspectives on the significance and importance of the intersection.

Recognizing the significance and the importance of interconnection enables us to examine work experiences and thoughts and feelings that impact behavior to define and redefine career choices, employment challenges and work/life balance. At every stage of one's academic and professional life, there are a new set of challenges that arise. For most, learning the skills needed to overcome these challenges is crucial for progressing to the next level of their chosen career path. For some, this progression includes the added challenge of mental health concerns.

There are different levels of mental health issues/illnesses, uniquely experienced by individuals at mild to moderate and unfortunately severe levels of distress. The potential internal turmoil that mentally distressed people suffer can make coping with the multitasking nature of the job search both overwhelming and discouraging. Ethics and professional standards prevail that education and the encouragement of acceptance of mental illness in a general sense can alleviate the stigma that hurts so many people.

The collaboration of career development practitioners and mental health professionals helps the clients, students and our constituents define and ultimately redefine areas of their life that may be hindering them. Collectively we can create opportunities to encourage better career choices, healthier work environments, employee retention and smoother transitions from work life to retired life by providing hope and a sense of control and empowerment for those that we serve.

Please stop by the Exhibit Hall to access new information and technologies to assist us in our work. And as you explore the Exhibit Hall, please thank our vendors and sponsors who have helped to make this an exceptional conference. I also encourage you to come to our Business Meeting to learn more about the work of the Association and our plans for the future!

Enjoy the conference and San Diego!

Carolyn Jones NCDA President, 2023-2024

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FREQUENTLY ASKED QUESTIONS

How do I receive Continuing Education Clock Hours for this conference? Will I receive a certificate?

A QR code is included in your registration packet to request your continuing education credits. Simply scan the QR code to enter your hours and they will be processed and included on your membership record. You can log into the NCDA members only section to retrieve your certificate/transcript at any time. This data will be stored and accessible for as long as you are an NCDA member. This event is approved for credits through NCDA and NBCC. NCDA is approved by NBCC as an Approved Continuing Education Provider, ACEP #1003. NCDA is solely responsible for all aspects of this program.

I keep hearing about the NCDA Conference App? Who can help me figure this out?

Stop by the conference registration desk or the NCDA Showcase. The volunteers and NCDA staff are familiar with the NCDA Conference App. They can give you a brief demonstration of some of the features of the App.

Why are there different colors of name badge lanyards?

The different colors represent the four main NCDA Constituency Groups and Graduate Students. This is a great opportunity to connect with members working in similar settings from around the world.

LIGHT BLUE: SCHOOL COUNSELORS

NCDA Trustee: Carla B. Cheatham, Seattle University

- WHITE: HIGHER EDUCATION
- NCDA Trustee: Deanna Knighton, North Carolina State University
- DARK BLUE: PRIVATE PRACTICE, BUSINESS & INDUSTRY, AND AGENCIES

NCDA Trustee: Courtney Warnsman, Austin Career Connections

GOLD: COUNSELOR EDUCATORS AND RESEARCHERS NCDA Trustee: David Julius Ford, Monmouth University

BLACK: GRADUATE STUDENTS

I want to bring a guest to some of the functions. What can they attend?

Guests are welcome to attend the Welcome Reception. Stop by the NCDA Conference Registration desk to purchase tickets. Registered attendees do not need tickets to enter the Welcome reception or lunches.

Where can I find a conference evaluation?



Scan the QR code to link directly to our online evaluation form. Please take a moment to complete the online form – we value your input and strive to continually improve the NCDA Global Conference.

Will there be any gender-neutral bathrooms available?

Yes, you can find a gender-neutral bathroom located in the Coral Ballroom foyer of the Sheraton San Diego Hotel and Marina.

GENERAL INFORMATION

The NCDA Global Conference is a collaborative effort of many associations and organizations. The National Career Development Association would like to thank each group for their tremendous support in planning this conference.

CONFERENCE COMMITTEE

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Marilyn Maze Asia Pacific Career Development Association

Ken Meeker Vitality Career Coaching

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Spencer Niles William & Mary

Elle O'Flaherty Interlace Solutions Coaching

Keith Okrosy Hunter College CUNY

Debra Osborn Florida State University

Ashley Osborne Truckee Meadows Community College Condoa Parrent

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David Reile The Career Development Alliance

Dillan Rollins California State University, Fresno

Sharon Rouls Your Career Tapestry

Crystal Senter-Brown Career Coaching and Services Bay Path University

Miranda Snead Yates Mountain Empire Community College

Margaret Sproule Radford High School

Rae Stout iAmClinic

Barbara Suddarth The Career Development Alliance

Arden Szepe Doane University

Karol Taylor Knowledge Bank

Mitali Temurnikar Boston University Wheelock School of Education

Holly Waite Resume Illuminations Courtney Warnsman

Austin Career Connections
Ann-Marie Williams

The University of the West Indies

Sherry Williams FCD Instructor; SCDA Instructor

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Katy Anderson Social Media



Brianna Navarro Communications Coordinator



Mary Ann Powell Director, Conventions and Special Projects



Melanie Reinersman Director, Career Convergence and Website



Natalie Scrimsher Director, Membership and Publications



Melissa Venable Director, Professional Development

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California Career Development Association

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State Career Development Associations

State Divisions are critical to the success of the National Career Development Association in several ways. State Divisions deliver significant services to the membership, they help identify the leadership of the future, and they provide essential feedback to NCDA. If you are not already a member of your state's Career Development Association, we hope you will consider joining. For more information on State Divisions, please visit the NCDA website at www.NCDA.org and click on About NCDA for a listing of State Divisions and contact lists.



Trustee-at-Large Jim Peacock Peak Careers





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Trustee for Private Practice, Business and Industry, and Agencies *Courtney Warnsman* Austin Career Connections



NCDA Executive Director Deneen Pennington Creative Management Alliance, Oklahoma

NCDA Committees

Much of NCDA's work is conducted through its committees. These committees provide an opportunity for members to serve the association in a leadership position. Committee meetups will be held on Thursday, June 27 from 12:00 – 1:30 pm. Stop by the Exhibit Hall and pick up your lunch before you stop by any committee meeting that interests you. See the agenda for committee meetings and room assignments. All members are welcome to join committees at any time!

To View complete details about all committees, visit www.NCDA.org or check out the committee page on the conference app.

HIGHLIGHTS AND SPECIAL EVENTS

First Timer's Meeting

The First Timer's Session is for those attendees who have never been to an NCDA Global Career Development Conference. It is a great opportunity to meet others and learn how to maximize your conference experience. This session is led by Marty Apodaca, NCDA President-Elect and Dirk Matthews, NCDA President-Elect Elect.

NCDA Membership Meeting

The Annual Membership Meeting will serve as an opportunity to receive updates on the status of the association and to present the slate of officers for the upcoming 2024 elections. During the meeting, members will have the chance to vote on any Election Run-Off. Nonmembers are welcome to attend but will not have voting privileges.

NCDA Welcome Reception

Join us for the Welcome Reception in the Exhibit Hall. Meet and mingle with vendors and conference attendees. Light appetizers and drinks will be available. If you need a guest ticket to the Welcome Reception, stop by the Conference Registration Desk for assistance. Don't forget to stop by the NCDA Showcase and meet the candidates running for 2024-25 Board positions.

DEIBA Symposium

The Diversity, Equity, Inclusion, Belonging and Accessibility (DEIBA) symposium is a carefully curated set of presentations on the latest trends and issues facing career services professionals. The Symposium will take place throughout the Global Conference and will kick off with a **State** of the Union DEIBA: Allyship, Accomplice, and the Mental and Emotional Costs Associated. All DEIBA Symposium presentations will be held in the Pelican Room. Each presentation series include a special DEIBA session. Please check the schedule for session listings.

Constituency Group Meetings

NCDA uses a constituency model to represent and serve the diverse needs of members. Constituency meetings are designed to help you in your networking, to facilitate greater connection with colleagues who may share similar interests and work settings, and to enhance communication between the membership and the NCDA Board.

Constituency groups are easily identifiable by their different colored name badge holders. **Be sure to participate in these special meetings on Wednesday morning at 8:30 am.**

School Career Counselors and Specialists (light blue) NCDA Trustee: Carla Cheatham

Higher Education Career Counselors and Specialists (white) – NCDA Trustee: Deanna Knighton

Private Practice, Business & Industry, and Agencies (dark blue) – NCDA Trustee: Courtney Warnsman

Counselor Educators and Researchers (gold) – NCDA Trustee: David Julius Ford

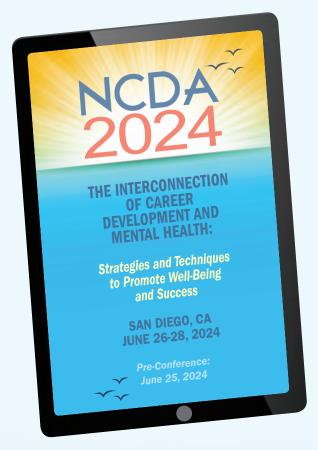
NCDA Annual Poetry and Art Contest



This theme invites participants to explore creating their futures and embracing the changes that come with them. Explore how to overcome obstacles and adapt to new situations at home, school, work, or with friends.

National Career Development Week: November 11-15, 2024 Check www.ncda.org in August for the contest brochure.

NCDA 2024 CONFERENCE APP



HUB

The NCDA Conference App is available from the App Store and Google Play. Search the stores for NCDA to download. Or scan the QR code below.



Some great features of the App include:

- ✓ Create your own personalized electronic schedule
- ✓ Access to speaker bios and contact information
- ✓ Ability to send messages to other attendees
- ✓ Ability to write brief notes about sessions you attend
- ✓ Updates on schedule changes and special events
- ✓ Map feature that helps you locate sessions and exhibitors

Stop by the Conference Registration Desk or NCDA Showcase to learn more about the NCDA Conference App.

Welcome to The NCDA HUB!

Explore professional development opportunities in NCDA's online learning platform.

- <u>Self-paced</u> complete on your schedule
 <u>Relevant content</u> created by experts in the field
- <u>On-demand</u>, online access to courses
- <u>Continuing education</u> credits available
- <u>Growing catalog</u> of topics and learning formats



Get started at www.ncda.org

KEYNOTE SPEAKERS



WEDNESDAY, JUNE 26, 2024 10:20 AM



DR. SPENCER G. NILES is a professor of counselor education and codirector of the THRIVE Research and Intervention Center. Dr. Niles served as Dean (2013-2020) for the School of Education at William & Mary where he was ranked as the 11th most influential dean of education in the

United States. Previously, Niles served as Visiting Professor at Johns Hopkins University, Distinguished Professor and Department Head for Educational Psychology, Counseling, and Special Education at Penn State and a Fulbright Scholar at the Finnish Institute for Educational Research. Niles also served as Professor and Assistant Dean in the School of Education, University of Virginia.

He is the current Editor for Counselor Education & Supervision and served as Editor for the Journal of Counseling & Development and The Career Development Quarterly. Niles has authored 155 publications and delivered over 170 presentations. He is the recipient of the American Counseling Association's Extended Research Award, David Brooks Distinguished Mentor Award, Thomas Hohenshil Publication Award, Thomas J. Sweeney Award for Visionary Leadership and Advocacy Award, and President's Award. He has also received Chi Sigma lota International's Legacy Award, the Eminent Career Award from the National Career Development Association, the Outstanding Alumni Award from Penn State, and the Legacy Award from the University of Alabama. Niles is a Fellow of the American Counseling Association and the National Career Development Association. He was President of Chi Sigma lota and is a Past-President of the National Career Development Association.



DR. MARK SAVICKAS is professor and chair emeritus of the Behavioral Sciences Department at the Northeast Ohio Medical University and teaches career counseling at Kent State University. He edited the Career Development Quarterly for seven years and the Journal of Vocational

Behavioral for seventeen years. He has received the Eminent Career Award from the National Career Development Association, the Leona Tyler Award for Outstanding Achievement in Counseling Psychology from the American Psychological Association, and the Distinguished Contributions Award from the European Society for Vocational Designing and Career Counseling. The University of Pretoria in South Africa and the University of Lisbon in Portugal have awarded him honorary doctorates. He holds fellowship in the National Career Development Association, American Counseling Association, American Psychological Association, American Psychological Society, and International Association of Applied Psychology.

Increase your professional development!

CAREER Convergence WEB MAGAZINE

- NCDA's monthly web magazine for career practitioners and educators
- Submissions welcome
- Earn 4 CEs for your published article

www.careerconvergence.org

NATIONAL CAREER DEVELOPMENT GUIDELINES

Available now on a new interactive webpage at www.ncda.org

Learn more about the 2024 NCDG revisions at presentation #413. **"The Interconnection of Guidelines and School Development: Building a Web Resource for the Future."** See page 27.

KEYNOTE SPEAKERS

THURSDAY, JUNE 27, 2024 9:00 AM



DR. DAYNA JONES is a licensed clinical psychologist in South Florida. She has been practicing for 10 years as a psychologist working in various settings including community mental health, prison and long and short-term psychiatric hospitals. She is the owner of Jones Psychological Health Services, LLC. As the sole psychologist in her private practice, she works with adults suffering from mild to severe psychological

distress. She worked throughout her educational endeavors, mostly with severe mentally ill populations. She made it a point to gain exposure to the various levels of care in the field of psychology to enhance her knowledge of the human experience from different lenses.

Dr. Jones' commitment to her clients and unwavering desire to assist and guide them toward their optimal living experience allows her the ability to understand how identity, history, desire, motivation, circumstances, and overall psychological health impact career choices. Discussing, exploring, and processing through job-related experiences, thoughts and emotions are a large part of her daily sessions with clients. Making it a point to connect personal and professional experiences to how a person is feeling in their life at any given time is essential in striking a balance; where planning, joy, contentment, validation, and hope can reside. She believes that this balance should be a priority for both mental health and career development professionals and that working together consultatively will allow for people to live more satisfying lives as well as improve productivity.



DR. CANDY HO is a proud recipient of NCDA's 2022 International Practitioner of the Year Award. Dr. Ho is an international award-winning career development educator and scholar whose expertise is recognized globally through keynotes and engagements. Her insights have been featured in prestigious media outlets including BNN Bloomberg, The Globe and Mail, Financial Post, Canadian

Business, National Post, and CTV news. Originally from Hong Kong, she currently serves as Chancellor's Research Chair at Kwantlen Polytechnic University and teaches in Douglas College's Career Development Practitioner Program.

Prior to becoming a faculty member, Candy has also worked extensively in university student affairs in areas such as first year experience and student transition, campus and residence life, career and volunteer services, co-operative education, academic advising, and university advancement. Her collective professional experiences to date have culminated in her doctoral dissertation investigating the conceptions of post-secondary career influencers in student career success, and she readily shares her expertise locally and globally. Finally, she currently serves as Chair of CERIC, a Canadian charitable organization that advances education and research in career counselling and career development, in order to increase the economic and social well-being of Canadians.

FRIDAY, JUNE 28, 2024 11:30 AM

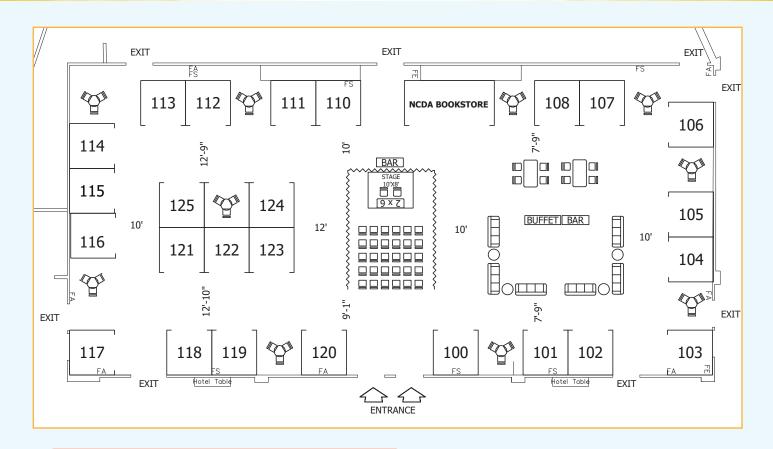


A native of Hong Kong, **DR. Y. BARRY CHUNG** received his A.M. and Ph.D. in counseling psychology from the University of Illinois at Urbana-Champaign, and his B.A. in educational

psychology and counseling from the National Taiwan Normal University. Prior to his current appointment as Dean of the College of Education at San Diego State University, he was Associate Dean for Graduate Studies in the School of Education at Indiana University Bloomington. He also served as Department Chair at Northeastern University, and Professor and Program Director at Georgia State University.

Dr. Chung's research interests include career development, multicultural counseling, sexual orientation and gender diversity issues. He has presented and published widely on these topics. He was appointed to 10 journal editorial boards internationally and was Executive Editor of the American Psychological Association (APA) Division 44 Book Series. Dr. Chung was President of the National Career Development Association, Society of Counseling Psychology, and Council of Counseling Psychology Training Programs. He also served on APA's Board of Educational Affairs, Board for the Advancement of Psychology in the Public Interest, Membership Board (as Chair), Council of Representatives, Finance Committee, and Policy and Planning Board. Dr. Chung is a Fellow of APA (Divisions 17, 44, 45, and 52), Asian American Psychological Association, American Counseling Association, and National Career Development Association. He received the Eminent Career Award from the National Career Development Association in 2019, the highest honor of the Association.





Thank You Sponsors!



AARP Contact: Felicia Brown fbrown@aarp.org www.AARP.org



Resume Writing Academy & Career Thought Leaders Contact: Marie Zimenoff marie@careerthoughtleaders.com www.resumewritingacademy.com



Career Development Alliance, LLC Contact: Barbara Suddarth • bhsuddarth@gmail.com www.careerdevelopmentalliance.com



College Board

EXHIBIT HALL HOURS

TUESDAY, JUNE 25

6:00 pm Exhibits Open 6:30 – 7:30 pm Welcome Reception

WEDNESDAY, JUNE 26

8	:00 am	Coffee in the
		Exhibit Hall
1	2:00 – 1:30 pm	Grab and Go Lunch
		in the Exhibit Hall
8	:00 am - 4:30 pm	Exhibit Hall Experience

THURSDAY, JUNE 27

8:00 am Coffee in the Exhibit Hall 12:00 – 1:30 pm Grab and Go Lunch in the Exhibit Hall 8:00 am – 4:40 pm Exhibit Hall Experience

New This Year!

Vendor/Sponsor Presentations

Stop by the Center Stage in the Exhibit Hall to learn about some new and exciting career-related products and services.

WEDNESDAY, JUNE 26

1:45 – 2:15 pm The Purpose-Driven Student: Help Your Students Look Beyond Job Titles (in under 5 minutes) JP Michel, SparkPath

THURSDAY, JUNE 27

11:00 – 11:45 am Navigating the Job Market for Older Workers Felicia Brown, AARP

2:15 – 2:45 pm Al in Action: Practical Tools for Career Services Professionals Marie Zimenoff, Career Thoughts Leader

3:45 – 4:15 pm YouScience Brightpath: Creating a Career-Connected Higher Education Community Melissa Schneider and Becky White, YouScience

BOOTH #100

Best Fit Career Finder

Contact: Daniel Greenwood dan.greenwood@greenwoodsystem 949-287-2774 www.bestfitcareerfinder.com

Best Fit Career Finder is the most upto-date and research validated career counseling assessment, report, and process. In a single assessment and easy to use online administrative portal the BFCF assesses students' Interests, Values, Personality, and Abilities to make their best-fit career matches, helping them make educational and life decisions.

BOOTH # 101

Work Like a Mother

Contact: Hilary Berger hilary@worklikeamother.com 203-305-9191 www.worklikeamother.com

Work Like a Mother[®] rewrites the script for counseling women. It pioneers a proven mental healthoriented career counseling method legitimizing roles of motherhood and caregiver as integral to a woman's career journey. This interactive workbook is a one-stop-shop solution for guiding career counselors and educators to counsel and advise women.

BOOTH #102

OneLifeTools

Contact: Mark Franklin service@onelifetools.com www.onelifetools.com

Who You Are Matters! from narrative leader, OneLifeTools, helps career professionals find "What's Next" with their clients. Engaging games and evidence-based narrative tools guide individuals through a narrative process rooted in their life stories. The HEROIC-g framework developed by Mark Franklin & Rich Feller has successfully been used with 30,000+ globally.

BOOTH #103

Career One Stop

Contact: Kelly Tenner kelly.tenner@state.mn.us 651-259-7628 www.careeronestop.org

CareerOneStop.org, sponsored by the U.S. Department of Labor, Employment and Training Administration, offers free electronic tools and resources to help users explore careers, education, training, and jobs. Check out mySkills, myFuture, Certification Finder, Skills Matcher, Interest Assessment, and more. Audiences served include job seekers, students, workforce development professionals, and businesses.

BOOTH #104

AFC Tests Psychométriques Inc.

Contact: Philippe Chevrette info@afctests.com

Discover valuable information for fruitful discussions. AFC Holland is an inventory that goes deeper and measures vocational interests, selfperceived competence, personality traits, happiness at work and additional factors in just 40 minutes. All linked to Holland's typology. Your customers can make their choice thanks to a personalized exploration. They'll discover the occupational fields that appeal to them most, find out about examples of trades and professions, and explore the corresponding job descriptions on different sites.

BOOTH #105

Balanced Card Sorts

Contact: Anush Hansen anush@balancedcardsorts.com 978-987-6352 www.balancedcardsorts.com

Balanced Card Sorts[®] is committed to helping people move from burnout to balance by giving them tools to identify and prioritize their needs. The Work-Life Balance Card Sort is a simple, engaging and powerful resource for helping your clients, students or employees discover wellness and live by their values.

BOOTH #106 SkillScan

Contact: Lesah Beckhusen lesah@skillscan.com 925-939-8997 www.skillscan.com

Discover SkillScan! Transform your career counseling with Drive, Express and Advance Pack – dynamic online and print transferable skills assessments. Uncover clients' key strengths, map career paths, and enhance client job search outcomes with holistic integration of Holland, Values, and Personality themes. SkillScan is your solution for comprehensive and insightful career assessments.

BOOTH #107

Peak-Careers Consulting

Contact: Jim Peacock jmpeacock@peak-careers.com 207-649-2720 https://peak-careers.com

Peak-Careers Consulting offers professional development for career practitioners. We provide online discussion-based seminars, workshops, the Facilitator Career Development (FCD) class, and weekly career emails. Our unique online seminars are engaging, discussionbased with like-minded career practitioners. Approved provider by NCDA. Author of A Field Guide for Career Practitioners. Holland Theory Posters available.

BOOTH #108

SparkPath

Contact: JP Michel jp@mysparkpath.com 613-804-7284 www.mysparkpath.com

Come discover how the SparkPath Challenge Cards are helping career advisors scale their efforts across campus. Try our colorful card sort that shifts focus from job titles to challenges. 50,000+ students have broadened their horizons with this innovative approach, and so can yours!

BOOTH #109

NCDA Career Resource Store

Contact: Natalie Scrimsher nscrimsher@ncda.org

Fulfilling an important part of NCDA's mission, the Career Resource Store offers a variety of publications to support the work of diverse professionals in the field of career development. These quality products include books on assessment, cultural competence, experiential activities, and more. Fill your suitcase, save shipping fees, and use your \$5 off coupon at the conference bookstore!

SPONSOR

BOOTH #110

Resume Writing Academy & Career Thought Leaders

Contact: Marie Zimenoff marie@careerthoughtleaders.com 970-420-8413 www.resumewritingacademy.com

Career Thought Leaders Consortium and Resume Writing Academy convene career service professionals to share best practices, deliver innovative educational and research programs, and promote the credibility, visibility, and professionalism of the careers industry. Stop by Booth 110 to get access to trends, resources, and leading-edge training to support your professional development - from writing resumes and LinkedIn profiles to creating coaching and personal branding programs, launching or growing your business, staying on top of industry trends, and improving candidate success. For free resources and information on upcoming events, visit www.careerthoughtleaders.com and www.resumewritingacademy.com.

BOOTH #111

Qatar Career Development Center

Contact: Abtesam Yousuf abtesamyousuf@qf.org.qa +9 745-587-5455 Qcdc.org.qa

Qatar Career Development Center, founded by Qatar Foundation, aims to help the youth, particularly but not restrictedly students, across all Qatar's education system's tracks and stages, including the youth with special needs, to identify and fulfill their education and career goals. The center offers them high quality bespoke career development programs, services and activities, seeking to mobilize, educate and support them on how best to make and implement sound career decisions and plans, grow and develop professionally, and achieve their life goals in such ways that best contribute to Qatar's development and prosperity.

BOOTH #112/113

NCDA Mentoring Moments

Contact: Sharon Givens, NCDA Past-President sgivens62@gmail.com Melanie Reinersman, NCDA mreinersman@ncda.org

Experienced career development professionals (mentors) will connect with early career development professionals (mentees) for the purpose of answering a career question, to promote professional development and/or self-care. If you have a career question and wish to talk with an experienced NCDA member or if you could benefit from a career wellness check, sign-up for a 15-30 minute time slot. Walk-ins welcome (subject to availability). Free.

BOOTH #114

NCDA Training and Education Council

Contact: Mary Ann Powell, NCDA mpowell@ncda.org www.NCDA.org

Stop by the NCDA Training and Education Council booth to visit with Council members about the NCDA Facilitating Career Development Training and Certification Program and thew NEW School Career Development Advisor Training and Certification Program. These programs provide strong foundational career development skills to assist others in planning their careers. TEC members will be available to answer questions about the training programs and instructor training programs.

BOOTH #115

NCDA Credentialing Commission

Contact: Natalie Scrimsher nscrimsher@ncda.org www.NCDACredentialing.org

Questions about Credentialing? Come visit the NCDA Credentialing Commission's booth to learn everything you need to know about credentialing (but were afraid to ask)! Credentialing Commission members will be at the ready to "talk shop" about the application process, continuing education, credentialing standards, and so much more.

BOOTH #116

Institute of Career Advising & Development (ICAD)

Contact: Paige McDonough mcdonoughp@kuder.com 713-429-5994 icadlearn.com

The Institute for Career Advising & Development (ICAD) empowers career practitioners to support clients in creating and refining their career pathway. ICAD, a division of Kuder, Inc., provides a variety of professional learning courses and delivery formats to equip practitioners with the knowledge, skills, and tools to enhance their services.

The **Career Development Quarterly (**CDQ) is the official journal of NCDA.



View all benefits of membership at www.ncda.org

BOOTH #117

ERS Scale

Contact: Mukhtar Rahemtulla mrahemtulla@ersscale.com 613-324-9180 ERSscale.com

The ERS is an online, 20 minutes, selfassessment tool that measures clients' soft skills, and skills to manage worklife. It links clients' results to an action planning tool. Through reassessments following interventions, it measures clients' progress towards becoming employment ready. ERS is an outcome validated tool with 80% predictive accuracy.

BOOTH #118

American Association of Certified Orthoptists

Contact: Amanda Yonkers aaco@orthoptics.org 281-939-5332 Orthoptics.org

Certified Orthoptists® (CO®) are advanced practice providers in the ophthalmology field who are uniquely skilled in the evaluation and treatment of binocular vision and eye movement disorders. Qualified to design and manage a program of non-surgical management of these disorders, orthoptists work with patients of all ages, under the indirect supervision of an ophthalmologist in a clinic setting. We are a lesser known profession and are seeking to increase awareness of the career opportunities in this field.

BOOTH #119

MyHearingU

Contact: Kelly Stahl kels@myhearingu.com 732-354-6813 www.myhearingu.com

With an ever-growing aging population, the need for qualified Hearing Instrument Specialists has never been more essential. myHearingU is the new evolution of hearing healthcare education. This online 6-month program will prepare the student with the foundational knowledge and skills necessary for providing excellent client care.

BOOTH #120

American Counseling Association

Contact: Caressa Morris cmorris@counseling.org 703-212-2254

We are the home for professional counseling. Founded in 1952, ACA is a not-for-profit organization dedicated to the growth and enhancement of the counseling profession. We provide education, community and professional development opportunities for more than 58,000 members, including counselors in various practice settings and counselors in training.

BOOTH #121-122

NCDA Poetry and Art Showcase This booth features award-winning entries from the 2023 NCDA Poetry and Art Contest.

BOOTH #123

YouScience

Contact: Melissa Schneider or Becky White melissa.schneider@youscience.com becky.white@youscience.com 801-653-9356 youscience.com

YouScience is the leading technology provider dedicated to solving the skills gap crisis for students and employers. YouScience Brightpath is the firstof-its-kind aptitude-based guidance platform that leverages data and artificial intelligence to help students identify their aptitudes, validate their skills, and get matched with educational and career pathways.



EXHIBIT HALL EXPERIENCE • HOTEL MAP

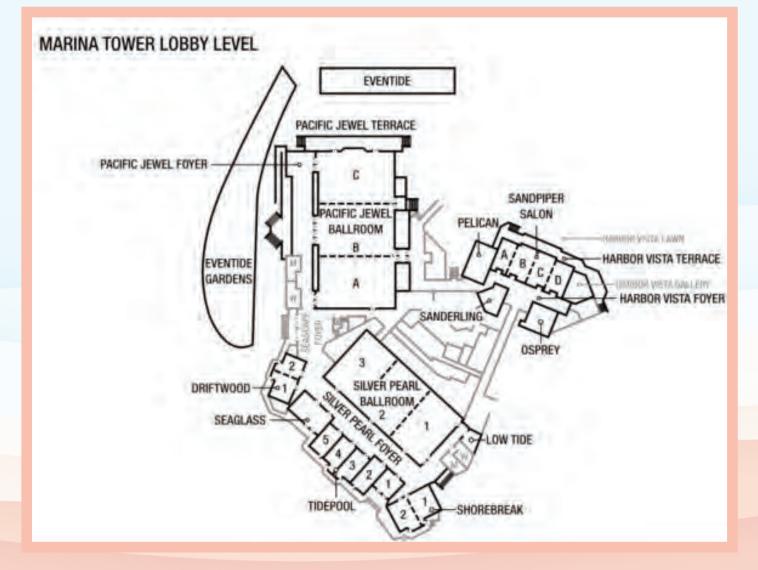
BOOTH #124

Jobscan

Contact: Isaac Taylor isaac.taylor@jobscan.co 250-858-7979 www.jobscan.co

Streamline document review with Jobscan's powerful Al tools. Our platform swiftly aligns resumes and LinkedIn profiles with jobdescriptions, significantly boosting your clients' visibility and interview prospects. Recover valuable time and focus on high-impact coaching to elevate career readiness.





Sheraton San Diego Hotel & Marina

1380 Harbor Island Dr., San Diego, CA 92101



CONFERENCE AT-A-GLANCE

MONDAY, JUNE 24, 2024				
3:00 – 5:00 pm	NCDA Conference Registration Opens	Pacific Jewel Foyer		
3:00 – 6:00 pm	NCDA Board of Director's Meeting	Sandpiper Salon A		
	TUESDAY, JUNE 25, 2024			
7:00 am – 5:00 pm	Conference Registration	Pacific Jewel Foyer		
7:15 – 8:00 am	Coffee Break	Harbor Vista Foyer		
7:45 am – 12:00 noon	PDI #1	Osprey		
7:45 am – 12:00 noon	PDI #2	Sandpiper Salon B		
7:45 am – 12:00 noon	PDI #3	Sandpiper Salon C		
7:45 am – 12:00 noon	PDI #4	Sandpiper Salon D		
8:00 am – 5:00 pm	Exhibit Hall Setup	Silver Pearl Ballroom		
8:00 am – 3:00 pm	NCDA Board of Director's Meeting	Sandpiper Salon A		
8:00 am – 5:00 pm	NCDA Training and Education Council	Shorebreak 2		
8:00 am – 5:00 pm	NCDA Credentialing Commission	Shorebreak 1		
10:00 – 10:30 am	Coffee Break	Harbor Vista Foyer		
1:00 – 4:00 pm	State Leadership Training	Pelican		
1:15 – 5:30 pm	PDI #5	Osprey		
1:15 – 5:30 pm	PDI #6	Sandpiper Salon B		
1:15 – 5:30 pm	PDI #7	Sandpiper Salon C		
1:15 – 5:30 pm	PDI #8	Sandpiper Salon D		
3:00 – 3:30 pm	Coffee Break	Harbor Vista Foyer		
3:30 – 4:30 pm	Committee Chair Meeting	Coral 1		
4:00 – 5:00 pm	APCDA Meeting	Coral 2		
5:00 – 6:00 pm	First Timer's Orientation	Coral 5		
6:00 – 7:30 pm	Exhibit Hall Grand Opening	Silver Pearl Ballroom		
6:00 – 7:30 pm	NCDA Showcase	Silver Pearl Ballroom		
6:30 – 7:30 pm	Welcome Reception	Silver Pearl Ballroom		
6:30 – 7:30 pm	Meet the Candidates	NCDA Career Resource Store		
	WEDNESDAY, JUNE 26, 2024			
8:00 am – 5:00 pm	Conference Registration	Pacific Jewel Foyer		
8:00 am – 5:00 pm	Meditation Room	Driftwood 2		
8:00 – 9:00 am	Coffee in the Exhibit Hall	Silver Pearl Ballroom		
8:00 am – 4:30 pm	Exhibit Hall	Silver Pearl Ballroom		
8:00 am – 4:30 pm	NCDA Showcase	Silver Pearl Ballroom		
8:30 – 10:00 am	Constituency Group Meetings: Higher Education	Coral 1		
8:30 – 10:00 am	Constituency Group Meeting: Counselor Educators	Sandpiper Salon D		
8:30 – 10:00 am	Constituency Group Meeting: K12	Coral 3		

CONFERENCE AT-A-GLANCE

8:30 – 10:00 am	Constituency Group Meeting: Private Practice/B&I	Coral 4
10:20 am – 12:00 pm	Opening General Session	Pacific Jewel Ballroom
12:00 – 1:15 pm	Grab and Go Lunch in the Exhibit Hall	Silver Pearl Ballroom
12:15 – 1:15 pm	Career Developments Committee Meeting	Suite 1238
1:30 – 2:40 pm	Presentation Series 1	See Schedule for Details
2:40 – 3:10 pm	Coffee in the Exhibit Hall	Silver Pearl Ballroom
3:10 – 4:20 pm	Presentation Series 2	See Schedule for Details
4:40 – 5:30 pm	Annual Membership Meeting	Pacific Jewel Ballroom
5:30 – 6:30 pm	California Career Development Association Reception	Harbor Vista Galley
5:45 – 6:45 pm	Award Winner's Reception	Suite 1238
7:30 – 8:30 pm	International Reception – Invitation Only	Eventide Gardens
	THURSDAY, JUNE 27, 2024	
7:00 – 8:00 am	Leadership Academy Breakfast Meeting	Suite 1238
8:00 am – 5:00 pm	Conference Registration	Pacific Jewel Foyer
8:00 am – 5:00 pm	Meditation Room	Driftwood 2
8:00 am – 4:40 pm	Exhibit Hall	Silver Pearl Ballroom
8:00 am – 4:40 pm	NCDA Showcase	Silver Pearl Ballroom
8:00 – 9:00 am	Coffee in Exhibit Hall	Silver Pearl Ballroom
9:00 – 10:30 am	General Session	Pacific Jewel Ballroom
10:45 am -12:00 pm	Brain Trust Reception	Marisol
10:50 am - 12:00 noon	Presentation Series 3	See Schedule for Details
12:00 – 1:15 pm	Grab and Go Lunch in Exhibit Hall	Silver Pearl Ballroom
12:00 – 1:30 pm	Committee Meetups	See Schedule for Details
1:50 – 3:00 pm	Presentation Series 4	See Schedule for Details
3:00 – 3:30 pm	Refreshment Break in Exhibit Hall	Silver Pearl Ballroom
3:30 – 4:40 pm	Presentation Series 5	See Schedule for Details
	Open Evening	
	FRIDAY, JUNE 28, 2024	
8:00 am – 1:00 pm	Conference Registration	Silver Pearl Ballroom Foyer
8:00 – 11:30 am	Meditation Room	Driftwood 2
8:00 – 8:30 am	Coffee Break	Silver Pearl Foyer
8:30 – 9:40 am	Presentation Series 6	See Schedule for Details
10:00 – 11:10 am	Presentation Series 7	See Schedule for Details
11:10 – 11:30 am	Coffee Break	Pacific Jewel Foyer
11:30 am – 1:00 pm	Closing General Session	Pacific Jewel Ballroom
1:00 pm	Conference Adjourns	

MONDAY/TUESDAY AGENDA

MONDAY, JUNE 24, 2024			
3:00 – 5:00 pm	NCDA Conference Registration Open	Pacific Jewel Foyer	
3:00 – 6:00 pm	NCDA Board of Director's Meeting	Sandpiper Salon A	
	TUESDAY, JUNE 25, 20)24	
7:00 am - 5:00 pm	Conference Registration	Pacific Jewel Foyer	
7:15 – 8:00 am	Coffee Break	Harbor Vista Foyer	
7:45 am – 12:00 noon	PDI #1	Osprey	
7:45 am – 12:00 noon	PDI #2	Sandpiper Salon B	
7:45 am – 12:00 noon	PDI #3	Sandpiper Salon C	
7:45 am – 12:00 noon	PDI #4	Sandpiper Salon D	
8:00 am – 5:00 pm	Exhibit Hall Setup	Silver Pearl Ballroom	
8:00 am – 3:00 pm	NCDA Board of Director's Meeting	Sandpiper Salon A	
8:00 am – 5:00 pm	NCDA Training and Education Council	Shorebreak 2	
8:00 am – 5:00 pm	NCDA Credentialing Commission	Shorebreak 1	
10:00 – 10:30 am	Coffee Break	Harbor Vista Foyer	
1:00 – 4:00 pm	State Leadership Training	Pelican	
1:15 – 5:30 pm	PDI #5	Osprey	
1:15 – 5:30 pm	PDI #6	Sandpiper Salon B	
1:15 – 5:30 pm	PDI #7	Sandpiper Salon C	
1:15 – 5:30 pm	PDI #8	Sandpiper Salon D	
3:00 – 3:30 pm	Coffee Break	Harbor Vista Foyer	
3:30 – 4:30 pm	Committee Chair Meeting	Coral 1	
4:00 – 5:00 pm	APCDA Meeting	Coral 2	
5:00 – 6:00 pm	First Timer's Orientation	Coral 5	
6:00 – 7:30 pm	Exhibit Hall Grand Opening	Silver Pearl Ballroom	
6:00 – 7:30 pm	NCDA Showcase	Silver Pearl Ballroom	
6:30 – 7:30 pm	Welcome Reception	Silver Pearl Ballroom	
6:30 – 7:30 pm	Meet the Candidates	NCDA Career Resource Store	

MONDAY, JUNE 24

3:00 – 5:00 pm Conference Registration Open Pacific Jewel Foyer

3:00 – 6:00 pm NCDA Board of Director's Meeting *Sandpiper Salon A*

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TUESDAY, JUNE 25

7:00 am – 5:00 pm Conference Registration Pacific Jewel Foyer

7:15 – 8:00 am Coffee Break Harbor Vista Foyer

TUESDAY AGENDA

7:45 am – 12:00 noon PROFESSIONAL DEVELOPMENT INSTITUTES

*Please note that Pre–Registration is required to attend any PDI session. If you are not registered and interested in attending, please stop by the NCDA Registration Desk to check availability.

PDI #1

Career Construction Counseling for Well–Being and Success *Osprey*

PDI #2

Creative Approaches to Supporting Mental Health and Career Decision–Making During Times of Transition Sandpiper Salon B

PDI #3 Strengthening Mental Health Through Effective Career Development Sandpiper Salon C

PDI #4

Connecting Our Ways of Working with the Social Determinants of Mental Health Sandpiper Salon D

8:00 am – 3:00 pm NCDA Board of Director's Meeting Sandpiper Salon A

8:00 am – 5:00 pm NCDA Training and Education Council Meeting Shorebreak 2

8:00 am – 5:00 pm NCDA Credentialing Commission Shorebreak 1

10:00 – 10:30 am Coffee Break Harbor Vista Foyer

12:00 – 1:00 pm Lunch on Your Own

1:00 – 4:00 pm State Leadership Training *Pelican*

Come together with state CDA leaders nationwide to gain insights into various ways that NCDA can support your work within your state. This comprehensive session will foster interaction among state leaders, including engagement in presentations that focus on various ways to empower your state division. Topics will highlight NCDA resources, advocacy efforts, professional development opportunities, state recognition, funding and much more. Stacy Van Horn, State Division Trustee, NCDA

1:15 – 5:30 pm PROFESSIONAL DEVELOPMENT INSTITUTES

*Please note that Pre–Registration is required to attend any PDI session. If you are not registered and interested in attending, please stop by the NCDA Registration Desk to check availability.

PDI #5

The Interconnection of Career Theories and Mental Health *Osprey*

PDI #6 Addressing Co–Occurring Career and Mental Health Concerns Sandpiper Salon B

PDI #7 Envisioning Higher Education Student Affairs Professionals as Career Influencers

Sandpiper Salon C

PDI #8 Reforming How to Counsel Women in Transition Sandpiper Salon D **3:00 – 3:30 pm Coffee Break** Harbor Vista Foyer

3:30 – 4:30 pm Committee Chair Meeting Coral 1

This meeting is for all NCDA Committee Chairs. Marty Apodaca, President– Elect will be sharing his vision of his upcoming presidency and NCDA Strategic Plan. *Marty Apodaca, NCDA President-Elect*

4:00 – 5:00 pm Asia Pacific Career Development Association Coral 2 Marilyn Maze, APCDA

5:00 – 6:00 pm First Timer's Orientation

Are you attending the NCDA Global Career Development Conference for the first time? Feeling overwhelmed by the sheer volume of information, the multitude of fantastic sessions, and the bustling crowd? Join us in this session where seasoned conference veterans and past and present NCDA Presidents will share invaluable tips on how to make the most out of your conference experience.

Marty Apodaca, NCDA President–Elect and Dirk Matthews, President–Elect, Elect

6:00 – 7:30 pm Exhibit Hall Grand Opening Silver Pearl Ballroom

Drop by and explore the newly redesigned exhibit hall where you can connect with top vendors offering career–related products and services.

TUESDAY AGENDA

6:00 – 7:30 pm NCDA Showcase Silver Pearl Ballroom

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Drop in and explore the array of offerings including the NCDA Bookstore, the NCDA Credentialing Commission, and the NCDA Training and Credentialing Programs, alongside many other exciting features. Whether you have inquiries or need information about NCDA, we've got you covered right here!

NCDA

Career

Practitioner

CONVERSATIONS

6:30 – 7:30 pm Welcome Reception Silver Pearl Ballroom

Join your NCDA colleagues for this opening event. Light appetizers and beverages will be available. If you wish to bring an unregistered guest, please visit the NCDA conference registration desk during registration hours to purchase a ticket.

6:30 – 7:30 pm Meet the Candidates Silver Pearl Ballroom

Stop by the NCDA Showcase to meet the Candidates for the 2024–25 Board of Directors. Candidates will be available to answer questions and share their experiences and vision for NCDA with conference attendees.

Listen to NCDA's Podcast!

Join our hosts and their guests for conversations covering a wide variety of relevant topics for today's career practitioner, no matter your career development context. Each episode features NCDA leaders and industry experts providing information you can use right now.

- Career Exploration in High School
- Career Readiness Initiatives
- Coaching, Advising, and Counseling Skills
- Career Development Around the World
- Reluctant Networkers
- Advocating for Career
 Development



Check out the latest episodes at NCDA.buzzsprout.com and subscribe.

NCDA's podcast is available for streaming online and wherever you listen to podcasts: Apple Podcasts, Spotify, YouTube, Google Podcasts, Amazon Music and many more.

WEDNESDAY, JUNE 26, 2024			
8:00 am – 5:00 pm	Conference Registration	Pacific Jewel Foyer	
8:00 am – 5:00 pm	Meditation Room	Driftwood 2	
8:00 – 9:00 am	Coffee in the Exhibit Hall	Silver Pearl Ballroom	
8:00 am – 4:30 pm	Exhibit Hall	Silver Pearl Ballroom	
8:00 am – 4:30 pm	NCDA Showcase	Silver Pearl Ballroom	
8:30 – 10:00 am	Constituency Group Meetings: Higher Education	Coral 1	
8:30 – 10:00 am	Constituency Group Meeting: Counselor Educators	Sandpiper Salon D	
8:30 – 10:00 am	Constituency Group Meeting: K12	Coral 3	
8:30 – 10:00 am	Constituency Group Meeting: Private Practice/B&I	Coral 4	
10:20 am – 12:00 pm	Opening General Session	Pacific Jewel Ballroom	
12:00 – 1:15 pm	Grab and Go Lunch in the Exhibit Hall	Silver Pearl Ballroom	
12:15 – 1:15 pm	Career Developments Committee Meeting	Suite 1238	
1:30 – 2:40 pm	Presentation Series 1	See Schedule for Details	
2:40 – 3:10 pm	Coffee in the Exhibit Hall	Silver Pearl Ballroom	
3:10 – 4:20 pm	Presentation Series 2	See Schedule for Details	
4:40 – 5:30 pm	Annual Membership Meeting	Pacific Jewel Ballroom	
5:30 – 6:30 pm	California Career Development Association Reception	Harbor Vista Galley	
5:45 – 6:45 pm	Award Winner's Reception	Suite 1238	
7:30 – 8:30 pm	International Reception – Invitation Only	Eventide Gardens	

8:00 am – 5:00 pm Conference Registration Pacific Jewel Foyer

8:00 am – 5:00 pm Meditation Room Driftwood 2

Driftwood 2

The Meditation Room welcomes all attendees as a sanctuary to unwind, breathe, stretch, meditate, pray, or take a brief respite from the hustle and bustle. Equipped with yoga mats, towels and soothing music, it offers a space to relax, find your center, and ease your mind amidst the conference rush. Embrace this opportunity to bring your genuine self to the learning sessions, refreshed and grounded.



8:00 am – 4:30 pm Exhibit Hall Open Silver Pearl Ballroom

Silver Fearl Ballioolli

Drop by and explore the newly redesigned exhibit hall where you can connect with top vendors offering career–related products and services.

8:00 – 9:00 am	Coffee Break
12:00 – 1:15 pm	Grab and Go Lunch
2:40 – 3:10 pm	Coffee Break

8:00 am – 4:30 pm NCDA Showcase

right here!

Silver Pearl Ballroom Drop in and explore the array of offerings including the NCDA Bookstore, the NCDA Credentialing Commission, and the NCDA Training and Credentialing Programs, alongside many other exciting features. Whether you have inquiries or need information

about NCDA, we've got you covered

8:30 – 10:00 am Constituency Group Meetings

р

The national conference offers avenues for both professional growth and networking with colleagues globally! To facilitate connections among individuals in similar professional environments, we have dedicated time and space for constituency groups to convene with each other and the trustees representing them on the board. Constituency groups can be identified by the color of their name badge holders.

> K–12 School Counselors and Specialists Coral 3

Higher Education Career Counselors and Specialists Coral 1

Private Practice, B&I, and Agencies Coral 4

Counselor Educators and Researchers Sandpiper Salon D

10:20 am – 12:00 pm Opening General Session Pacific Jewel Ballroom



Dr. Mark Savickas Northeast Ohio Medical University The Interconnection of Work and Mental Health

The presentation will discuss the implications and importance of interconnections among work, career, and mental health. Dr. Savickas will examine the influence of the work role and career choices on life satisfaction and mental health. How individuals deal with career development tasks, occupational transitions, and work troubles contribute to mental health and crucial relationships with friends and intimate partners.



Dr. Spencer Niles William & Mary Strategies and Techniques to Promote Authenticity and Jaking in Career

Meaning Making in Career Development.

The presentation will discuss career interventions that empower clients to make choices to honor their authentic selves. Dr. Niles will highlight strategies career practitioners can use to engage in deeper career conversations with their clients. Conversations that make what is implicit more explicit as individuals construct meaningful careers (of which work is only one among many roles). Encouraging clients to pay attention to the learning available in daily experiences and how one's personal history can be either a personal guide or barrier to career development and well-being. Distinguishing what is helpful and what is not is crucial to the process of transforming fate into a meaningful career destiny.

12:00 – 1:15 pm Grab and Go Lunch Silver Pearl Ballroom

Grab your lunch and take the opportunity to mingle with our vendors or take a refreshing outdoor break.

12:15 – 1:15 pm *Career Developments* Committee Meeting Suite 1238

Magazine editors meet to discuss current and future topics for the membership magazine. *Melissa Venable, NCDA*

1:30 – 2:40 pm PRESENTATION SERIES 1

101 Silver Pearl Ballroom Living Your Values: A Self–Care Mini–Retreat Experience

Jim Peacock, Peak-Careers; Mark Danaher, Careers by Design

102 Driftwood 1

Public Library Services and Resources for Immigrants and Refugees

Katie Kothenbeutel, Arapahoe Libraries

103 Tidepool 4 **Culturally Responsive Career Counseling Practices for Serving the Undocumented and Immigrant Communities**

Pamela Fullerton, Advocacy and Education Consulting, PLLC

104 Osprey

Supporting Queer Excellence and Representation Among QTBIPOC in Counselor Education

Frank Gorritz, Florida Gulf Coast University; Christian Chan, University of North Carolina – Greensboro



105 Sandpiper Salon A The Unconscious Conflicts Triggered by our Client's Anxiety as Counselors Engage In Meaningful Work

Sonny Wong, Toronto Metropolitan University

106 Sandpiper Salon B Clients' Intuitions in Career Decision Making: Can Career Counselors Trust Them?

Itamar Gati, Hebrew University; Moshe Tatar, Hebrew University

107 Sandpiper Salon C

NCDA Global Award Winners Honor Diversity when Interconnecting Career Development and Mental Health

Natalie Kauffman, KauffmanNcareers, LLC; David M. Reile, Career Development Alliance, LLC; Jaana Kettunen, University of Jyvaskyla; L. Michelle Tullier, Tullier Consulting, LLC; Mary Ellen Earnhardt, Montana Career Lab

108 Coral 1

The Interconnection of Trauma, Disability, and Career Development: How a Trauma– Informed Approach can Help Clients

Ken Meeker, Vitality Career Coaching, LLC

109 Sandpiper Salon D Squashing Anxiety: Strategies to Promote Personal Growth, Career Development, and Building Confidence

Victoria Sexton and Beka Moore, Middle Tennessee State University

110 Coral 2

United for Student Wellness: Career and Mental Health Collaboration in Higher Education Julie Cannon, Mercer University; Amy Clemente, The Impact Group

111 Coral 3

Building a Developmental Career and Financial Wellness Program to Reduce College Student Distress Bobbi Makani and Catherine Voss

Plaxton, San Jose State University

112 Coral 4

Utilization of Reality Therapy to Promote Career Development and Well–Being in Schools

Yenitza Guzman, Northern Illinois University; Ahmet Can and Pat Robey, Governors State University

113 Coral 5

Improv(ing) on the Edge: Storytelling, Spontaneity, and Strangeness Through Chaos Theory of Careers

Evan Faidley, University of Central Arkansas; Doug Leeds, University of California, Berkeley

DEIBA Opening

Pelican

State of the Union DEIBA: Allyship, Accomplice, and the Mental and Emotional Costs Associated

Cheryl Love, University of California, Riverside; Natasha Barnes, Increasing Our Understanding Consultation, LLC; Nathaniel Brown, Johns Hopkins University; Kyle Inselman, University of Denver; Alicia Monroe, Rowan University

1:30 – 2:40 pm ROUNDTABLES SERIES 1

Silver Pearl Ballroom/Exhibit Hall

Roundtable sessions provide a relaxed environment for presenters to exchange expertise and knowledge. To join a session, simply locate the table numbered accordingly. Volunteers will be on hand to guide you to your chosen discussion. Each presenter will have 30 minutes to share insights, followed by a facilitated rotation to another table. Attendees will have the opportunity to participate in multiple discussions, with each session lasting 30 minutes and involving one rotation.

RT 1–1 Silver Pearl Ballroom How Peer–Mediation Training, Work Engagement, the Sense of Belonging, and Well–Being at the Workplace Interact

Shujiro Mizuno, Japan Institute of Life Design Counseling; Midori Nonogaki, Emergence Inc.

RT 1–2 Silver Pearl Ballroom Incorporating Trauma–Informed Care in Career Counseling Courses: Strategies for Counselor Educators

Lisa Cardello, Kean University

RT 1–3 Silver Pearl Ballroom Holland's **RIASEC Hexagon: A Paradigm for Life and Work Decisions**

Emily Bullock–Yowell, University of Southern Mississippi; Robert Reardon, Florida State University

RT 1-4 Silver Pearl Ballroom

Navigating the Career GPS: Employing PROGRESS for Individualized Career Development and Well–Being Mitali Temurnikar, Boston University

RT 1–5 Silver Pearl Ballroom Fostering Career Resilience and Well–Being in Underserved Students via Cohort–Based Exploration Tai Yee Ho, Princeton University

RT 1–6 Silver Pearl Ballroom Supporting First–Generation Professionals' Career Development and Wellness in the Workplace Ann Schnuer and James D'Haiti, 10,000 Degrees

RT 1–7 Silver Pearl Ballroom **Methods to Maintain Well–Being for College–Going Students** Tiffany Phu, College and Career Champion

RT 1–8 Silver Pearl Ballroom The Tipping Point: Avoiding Burnout While Developing/ Maintaining a Private Practice

Lakeisha Mathews, University of Baltimore; Courtney Warnsman, Austin Career Connections

RT 1–9 Silver Pearl Ballroom Solidarity, Agency, and Connection: Supporting Clients' Mental Wellness in a Precarious Workforce

Shelby McIntyre, Pasadena City College; Brian Hutchison, Walden University

RT 1–10 Silver Pearl Ballroom Impact of Generative AI on the Future of Higher Education Career Services and Recruitment in the US and the Middle East

Ellen Weaver–Paquette, Developpe; Maha Guindi, Egypt

1:45 – 2:15 pm VENDOR PRESENTATION #1 Silver Pearl Ballroom

The Purpose-Driven Student: Help Your Students Look Beyond Job Titles (in under 5 minutes) JP Michel, SparkPath

2:40 – 3:10 pm Coffee Break Silver Pearl Ballroom/Exhibit Hall



3:10 – 4:20 pm PRESENTATION SERIES 2

202 Coral 4 Explore "The Hub" – NCDA's On– Demand, Online Learning Platform Melissa Venable, NCDA

203 Sandpiper Salon A Save Our Spoons: Career Counseling for Clients with Chronic Illness

Julie Hill, University of Arkansas

204 Coral 3

What's Career Got to Do With It?: Training Students for an Ever– Changing World

Seth Hayden, Wake Forest University; Diandra Prescod, University of Connecticut

205 Shorebreak 2

The Role of Microenterprise in Refugee Well–Being Shadin Atiyeh, Wayne State University

206 Coral 2

The Helpers are NOT Okay: Reflect Your Own Career and Personal Priorities and Goals So You Can Help Others Do the Same Anush Hansen, Balanced Card Sorts

207 Coral 1

Jobs Today and Tomorrow: Employment Opportunities in a World of Rapid Technological and Economic Change

Charles Lehman, Employment and Economic Information Center of New Mexico

208 Osprey

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Re-Centering Our Strategy on Strengths for Career Transition and Well-Being

Anne Scholl–Fiedler, Frederick Community College; Kate Duttro, Career Change for Academics

209 Tidepool 4 Unlocking Potential: Empowering Neurodiverse Career Success Jessica Barkley and Jamie Jensen.

Boise State University

210 Coral 5

Generative AI in Career Development: An Integral Tool for Equity

Shontel Smith and Annie Vangsnes, University of Minnesota, Twin Cities

211 Driftwood 1

Aligning Career and Disability Services: An Accessible Path to Partnership

Allison Pirpich and Kelly Morgan, Florida Polytechnic University

212 Sandpiper Salon B Nature vs. Nurture: The Age–Old Debate Impacting the Readiness of Our Future Workforce

Celeste Hall, The Virginia Community College System; Andy Allen, Batesville High School; Courtney Reilly, Skillsline

213 Sandpiper Salon D

A Survival Guide to the Next Normal Workplace: Strategies for Counselors, Clients, and Organizations

Ilana Levitt, The New School/Private Practice

214 Shorebreak 1

The Interconnection of Professional Development, Publications, Standards, Resources and Advocacy on the NCDA Website Melanie Reinersman, NCDA

DEIBA #2

Pelican

DEIBA: Using Career Theories to Navigate the Career Issues of Veterans

Natasha Barnes, Increasing Our Understanding Consultation, LLC; Linda Holloway, Alabama State University

3:10 – 4:20 pm ROUNDTABLES SERIES 2

Silver Pearl Ballroom/Exhibit Hall

Roundtable sessions provide a relaxed environment for presenters to exchange expertise and knowledge. To join a session, simply locate the table numbered accordingly. Volunteers will be on hand to guide you to your chosen discussion. Each presenter will have 30 minutes to share insights, followed by a facilitated rotation to another table. Attendees will have the opportunity to participate in multiple discussions, with each session lasting 30 minutes and involving one rotation.

RT 2–1 Silver Pearl Ballroom Racial Trauma, Racial Identity, and the Impacts on Career–Decision Making: Implications for Career Counselors

Jakara Scurry, North Carolina State University

RT 2–2 Silver Pearl Ballroom **Creating Clear Expectations: Using Rubrics and Online Review Processes to Support Students** Krystle Forbes, University of Michigan

RT 2–3 Silver Pearl Ballroom Increasing Protective Factors for Students Through Mentoring and Career Coaching

Jennifer Landis–Santos, Career Wellness Group; Rebecca Dedmond, George Washington University

RT 2–4 Silver Pearl Ballroom Exploring Racial Equity in Career Services Offices

Melanie Buford, University of Minnesota–Twin Cities

RT 2–5 Silver Pearl Ballroom **Career Development in a Time** of Climate Crisis: Emotional and **Practical Impacts of a Warming Planet**

Nicole May and Michael J. Stebleton, University of Minnesota

RT 2–6 Silver Pearl Ballroom Empowering Performance: The Manager–Employee Coaching Partnership

Deborah Sgro, Beyond The Glass Ceiling, LLC

RT 2–7 Silver Pearl Ballroom Helping Students Assess and Use College Fit Priorities

Tim Poynton, University of Massachusetts Boston

RT 2–8 Silver Pearl Ballroom **Navigating Career and Mental Health with Me Power** LaNysha Adams, Santa Fe Community College

4:40 – 5:30 pm Annual NCDA Membership Meeting

Pacific Jewel Ballroom

The Annual Membership Meeting will serve as an opportunity to receive updates on the status of the association and to present the slate of officers for the upcoming 2024 elections. During the meeting, members will have the chance to vote on any Election Run–Off. Non–members are welcome to attend but will not have voting privileges.

5:30 – 6:30 pm California Career Development Association Reception

Harbor Vista Gallery and Terrace This reception is for current members of the California Career Development Association.

5:45 – 6:45 pm NCDA Award Winner's Reception Suite 1238

All NCDA Award Winners should plan to attend the reception for lights snacks and drinks. A photographer will be onsite taking photos of award winners.

7:30 – 8:30 pm International Reception (invite only)

Eventide Gardens Sponsored by Career Development Alliance

Explore Career Developments!

NCDA

Advocating for Work-Related Legislation



- Practical information and strategies
- Interviews, articles, and trends in career development
- · Content applicable across career work settings
- Updates on NCDA events and resources
- New themes showcased in each issue

Digital and print versions available. Earn continuing education (1 CE per issue) through the NCDA Hub online!

> View all Member Benefits at www.NCDA.org

THURSDAY, JUNE 27, 2024			
7:00 – 8:00 am	Leadership Academy Breakfast Meeting	Suite 1238	
8:00 am – 5:00 pm	Conference Registration	Pacific Jewel Foyer	
8:00 am – 5:00 pm	Meditation Room	Driftwood 2	
8:00 am – 4:40 pm	Exhibit Hall	Silver Pearl Ballroom	
8:00 am – 4:40 pm	NCDA Showcase	Silver Pearl Ballroom	
8:00 – 9:00 am	Coffee in Exhibit Hall	Silver Pearl Ballroom	
9:00 – 10:30 am	General Session	Pacific Jewel Ballroom	
10:45 am -12:00 pm	Brain Trust Reception	Marisol	
10:50 am - 12:00 noon	Presentation Series 3	See Schedule for Details	
12:00 – 1:15 pm	Grab and Go Lunch in Exhibit Hall	Silver Pearl Ballroom	
12:00 – 1:30 pm	Committee Meetups	See Schedule for Details	
1:50 – 3:00 pm	Presentation Series 4	See Schedule for Details	
3:00 – 3:30 pm	Refreshment Break in Exhibit Hall	Silver Pearl Ballroom	
3:30 – 4:40 pm	Presentation Series 5	See Schedule for Details	
	Open Evening		

7:00 – 8:00 am Leadership Academy Breakfast Meeting (Invite Only) Suite 1238

8:00 am – 5:00 pm Conference Registration Pacific Jewel Foyer

8:00 am – 5:00 pm Meditation Room Driftwood 2

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The Meditation Room welcomes all attendees as a sanctuary to unwind, breathe, stretch, meditate, pray, or take a brief respite from the hustle and bustle. Equipped with yoga mats, towels and soothing music, it offers a space to relax, find your center, and ease your mind amidst the conference rush. Embrace this opportunity to bring your genuine self to the learning sessions, refreshed and grounded.

8:00 am – 4:40 pm Exhibit Hall Open Silver Pearl Ballroom

Drop by and explore the newly redesigned exhibit hall where you can connect with top vendors offering career–related products and services.

8:00 – 9:00 am	Coffee Break
12:00 – 1:15 pm	Grab and Go Lunch
3:00 – 3:30 pm	Coffee Break

8:00 am – 4:40 pm NCDA Showcase

Silver Pearl Ballroom

Drop in and explore the array of offerings including the NCDA Bookstore, the NCDA Credentialing Commission, and the NCDA Training and Credentialing Programs, alongside many other exciting features. Whether you have inquiries or need information about NCDA, we've got you covered right here!



9:00 am – 10:30 am General Session Pacific Jewel Ballroom



Dr. Dayna Jones Jones Psychological Health Services



Dr. Candy Ho Kwantlen Polytechnic University

From Well Worry to Wellbeing: Navigating Mental Health Conversations as CDPs

As our world continues to better understand the impact of mental health on everyday life, it is imperative that we begin intentional dialogue about how to notice when "well worry" becomes unwell distress that requires mental health intervention. Its simultaneously important for mental health providers to know how career experiences impact one's mental health and the reciprocal impact of one's wellness on work satisfaction and performance.

The goal of the discussion is to hear from both a mental health and career development professional regarding the integration of these fields of practice. We will discuss how to consider the management of mental health issues that can present in career development settings, and how we can leverage our CDP training and practice to holistically support those we serve. Our discussion will commence with general ideas that progressively funnel down to suggestions regarding the ethical application of what's considered in this discussion, cultural implications, provider confidence, navigation of applied strategies and Q&A.



10:45 am – 12:00 pm Brain Trust Reception (Invite Only) *Marisol*

10:50 am - 12:00 pm PRESENTATION SERIES 3

301 Coral 1 **AI and Career Assessments: Travel Faster, Farther?** Juliet Jones–Vlasceanu, Career Key;

Ellen Weaver Paquette, Developpe, Inc.

302 Coral 2 Preparing Youth to Succeed in the Virtual Workplace

Bethany Rodriguez, City of Charlotte

303 Shorebreak 2 The Impact of a Community–Based Response on the Well–Being and Employability of Justice–Involved Individuals

Lee Jost, NCircle; Elisa Waldman, Johnson County Community College; Rodney Weber, Johnson County Corrections; Mukhtar Rahemtulla, ERS Scale

304 Sandpiper Salon D Inclusive Career Discussions: Strategies for Reducing Career Disparagement and Bullying Diandra Prescod, Kay Gruder, and Damiao Zoe Xu, University of Connecticut

305 Osprey

NCDA Former Presidents: Lessons About Career Development and Mental Health's Connections

Mallory Becraft, The University of Iowa; Rich Feller, Colorado State University and Career Development Network; Sharon Givens, Training Visions; Paul Timmons, University of Oregon; Seth Hayden, Wake Forest University

306 Coral 4

Career Development Prevents, Buffers, and Creates Mental Health Concerns: What Practitioners Can Do

Michael Huston, Mount Royal University; Dave Redekopp, Life Role Development Group

307 Tidepool 4

Cultural Competence in Career Counseling: Empowering Asian Immigrants and International Students

Zhiqi Liu, North Carolina State University; Hong (Esther) Wang, Beacon Career

308 Coral 5

Al–Powered Career Counseling: Exploring the Potentials of ChatGPT

Andrew Seguel, Counseling for Change

309 Sandpiper Salon A Unlocking Success for Autistic College Students: Autism is a Superpower with a Little Bit of Kryptonite

Kathyy Battee–Freeman, University of Illinois Springfield; Marina Wirsing, Lincoln Land Community College

310 Coral 3

Gaining a Holistic Student Perspective Through the Lens of a Career Planning Class

Casey Dozier, Shawn Einarson, Janet Lenz, and Danny Chiarodit, Florida State University Career Center

311 Sandpiper Salon B **Beyond Borders: Nurturing Mental Health and Careers for International Students in the U.S** Mei Tang, Mrudula Josyula, and Claire McMahon, University of Cincinnati

312 Shorebreak 1 Integrating Holland's Theory in K–12 Schools Ed Hidalgo, Hidalgo Consulting

Presentation Series 3 Continued 10:50 am – 12:00 pm

313 Sandpiper Salon C

Introduction of Veteran Healthcare Administration (VHA) Career Programs and Services

Triva Watts Sanders, Melva Washington Jones, Elizabeth Williams, and Catherine Newman, Department of Veterans Affairs

314 Driftwood 1 Your Certified Brand: How NCDA Credentials Help Boost Your Career, Your Clients, and the Field Windie Wilson, NCDA Credentialing Commission

DEIBA #3

Pelican **Table 1: Can Career Advising be Decolonized: What's a Conscious Practitioner to Do?** Denise Felder, University of Minnesota

Table 2: Tools Career PractitionersCan Use to Assist Clients withDisabilities in EmploymentKan Maaker Vitality Career Coaching

Ken Meeker, Vitality Career Coaching, LLC

10:50 – 12:00 pm ROUNDTABLES SERIES 3

Silver Pearl Ballroom/Exhibit Hall Roundtable sessions provide a relaxed environment for presenters to exchange expertise and knowledge. To join a session, simply locate the table numbered accordingly. Volunteers will be on hand to guide you to your chosen discussion. Each presenter will have 30 minutes to share insights, followed by a facilitated rotation to another table. Attendees will have the opportunity to participate in multiple discussions, with each session lasting 30 minutes and involving one rotation.

RT 3–1 Silver Pearl Ballroom Best Practices for Career Consultation and Facilitation with Clients Who are Experiencing Languishing

Marie Nicks, Navigator Career Solutions, LLC

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RT 3–2 Silver Pearl Ballroom What is the Impact of a College Career Course on Career Development Outcomes?

Jacob Stamm, Sabrina Quiroga, Alexander Feliciano, and Debra Osborn, Florida State University

RT 3–3 Silver Pearl Ballroom Leveraging Collaborative, Shared Spaces to Engage Clients Julia Makela and Julie Higgs, University of Illinois Urbana–Champaign

RT 3–4 Silver Pearl Ballroom Navigating Your Career Odyssey: Embracing Side Quests for Mental Wellness and Professional Fulfillment

Kellie Corbisiero, Career Vita

RT 3–5 Silver Pearl Ballroom Building Resiliency: Helping Students Move Forward in Their Career Development Journey Mason Murphy, Texas State University

RT 3–6 Silver Pearl Ballroom The Impact of Mental Health on Career Development of African Immigrant College Students: Strategies for Success

Grace Wambu, New Jersey City University; Jonique Childs, University of Massachusetts Amherst

RT 3–7 Silver Pearl Ballroom Overview of the NCDA Counselor Educator Academy

Jackie Peila–Shuster, Colorado State University

RT 3–8 Silver Pearl Ballroom Empowering Emerging Adults: Counselors' Journey in Navigating Psychiatric Disorders for Competitive Employment

Cheryl Andrews; Brian Hutchison, Walden University

RT 3–9 Silver Pearl Ballroom Strategies for Providing Guidance and Support for Students in Distress

Blanca Rosales–Ahn, BRAHN Career Educational Consulting Services, LLC

11:00 – 11:45 am VENDOR PRESENTATION #3

Silver Pearl Ballroom Navigating the Job Market for Older Workers Felicia Brown, AARP

12:00 – 1:15 pm Grab and Go Lunch

Silver Pearl Ballroom/Exhibit Hall Grab your lunch and take the opportunity to mingle with our vendors, participate in an NCDA Committee meeting, or take a refreshing outdoor break.

12:00 – 1:30 pm NCDA COMMITTEE MEETUPS

NCDA's committees play a significant role in our work, offering valuable leadership opportunities for members. Feel free to attend any committee meeting and increase your involvement with NCDA.

CCSP Networking

Sandpiper Salon A Join NCDA Training and Education Council member, Craig Ratzlaff, to network with other CCSP credential holders from around the world.

NCDA FCD Instructors/Master Trainers

Sandpiper Salon B Join NCDA Training and Education Council member, Mark Danaher, to network with other certified FCD Instructors and NCDA FCD Master Trainers from around the world.

NCDA Credentialing Commission

Sandpiper Salon C Join NCDA Credentialing Commission members who will be available to answer your questions about NCDA Credentials.

Awards Committee

Tidepool 4

This committee is responsible for publicizing/soliciting nominations and selecting recipients for various NCDA National awards.

Career Convergence Web Magazine

Shorebreak 1 Meeting of Associate and Field Editors for this award–winning web magazine.

Ethics Committee

Osprey

This committee provides Ethical guidance and support for NCDA Board of Directors and members.

Global Connections Committee Coral 2

This committee provides a space for practitioners interested in international practices in global career development.

Government Relations Committee

Sandpiper Salon D

This committee addresses legislation affecting career development services in the United States.

International Student Services Committee

Coral 3

This committee aims to increase the understanding of career development experiences and needs of international students.

Research Committee

Driftwood 1

This committee provides oversight to any research NCDA conducts.

Technology Committee

Shorebreak 2 This committee provides recommendations to the Board of Directors on technology development, concerns and issues relevant to NCDA members.

Veterans Committee

Coral 1

This committee provides a forum for discussion of veterans' career and employment issues within NCDA.

Graduate Students

Coral 4

This committee provides engagement and professional development opportunities for NCDA's graduate student members.

Diversity Initiatives and Cultural Inclusion

Pelican

This committee works to raise awareness and promote equity and access within the membership and leadership of NCDA.

Assessment, Evaluation, and Outcomes Committee Coral 5

This committee focuses on sharing actionable best practices to assess and evaluate career development programs and services in practice.

1:50 – 3:00 pm PRESENTATION SERIES 4

401 Osprey Restoring Hope to the Hopeless: Fostering Career Optimism in Mentally III and Neurodiverse Clients

Elle O'Flaherty, Interlace Solutions Coaching

402 Shorebreak 2 Job Search Club for International Students: Building a Supportive and Resilient Community

Rosie Shen, University of Illinois Urbana–Champaign; Mitali Temurnikar, Boston University

403 Coral 1

Career and Leadership Barriers of BIPOC Counseling Leaders in Work Settings and Professional Associations

Christian D. Chan, The University of North Carolina at Greensboro

404 Driftwood 1 Tele–Mental Delivery and Its Effect on Counselor's Job Satisfaction and Burnout During COVID–19 Sumedha Therthani, Monmouth University

405 Coral 2

Campus-based Eco-Sustainability Internships: Initial Findings and Implications for Career Programming

Christopher Belser, University of New Orleans

406 Coral 3

How to Integrate Capacity– Building in Career Programs: Innovative Strategies that Build Mental Strength

Sujata Ives, Maryland Career Development Association; Maha Moussa Fakhry, The American University in Cairo (AUC)

407 Sandpiper Salon D NCDA Government Relations National Committee Session

Shelby McIntyre, NCDA GR Committee; Elle O'Flaherty, NCDA GR Committee; Jonathan Taylor, Lobbylt; Natalie Kauffman, KauffmanNcareers, LLC; Rae Stout; Sarah JanTausch, Values Based Careers; Amy Policastro Schroeder, William Peace University; Diana Bailey, NCDA GR Committee

408 Sandpiper Salon A **Crown and Glory: Promoting Black Hair Liberation**

Whitney Swann, Seattle University

409 Coral 4

Enhancing Our Campus Career Ecosystem: A Career Development Training Program for Faculty and Staff

Mallory Becraft and Sauvik Goswami, The University of Iowa

410 Sandpiper Salon B

Well-being at Work: Using Sweitzer and King's Internship Model to Support Student Wellness

Krystle Forbes and Jordan Hansen, University of Michigan

Presentation Series 4 Continued 1:50 – 3:00 pm

411 Coral 5

Resilience in the Face of Change: Supporting Students' Experiential Learning Through Meaningful Reflection

Dorin Thibault, Genevieve Winn, William Jackson, and Sophie Vicedomine, Northeastern University

412 Sandpiper Salon C Hope-Centered Career Interventions for School Counselors to Promote Youth Well-Being

Jennifer Niles, The University of North Carolina at Greensboro; Jonathan Adams, William & Mary

413 Shorebreak 1

The Interconnection of Guidelines and School Career Development: Building a Web Resource for the Future

Carla Cheatham, Seattle University; Celeste Hall, Virginia's Community Colleges; Melanie Reinersman, NCDA

DEIBA #4

Pelican An Examination of Quiet Quitting/ Quiet Firing through the Theory of Work Adjustment and Social Justice

Frank Gorritz, Florida Gulf Coast University

1:50 – 3:00 pm ROUNDTABLES SERIES 4

Silver Pearl Ballroom/Exhibit Hall Roundtable sessions provide a relaxed environment for presenters to exchange expertise and knowledge. To join a session, simply locate the table numbered accordingly. Volunteers will be on hand to guide you to your chosen discussion. Each presenter will have 30 minutes to share insights, followed by a facilitated rotation to another table. Attendees will have the opportunity to participate in multiple discussions, with each session lasting 30 minutes and involving one rotation.

RT 4–1 Silver Pearl Ballroom Integrating Career and Mental Health Concerns Utilizing Career and Life Transition Models Denise Saunders, Private Practice/

National Institutes of Health

RT 4–2 Silver Pearl Ballroom **Building Belonging Bridges: A Strategy to Reclaim Career Passion**

Cassie Jo Ardry, University of North Texas

RT 4–3 Silver Pearl Ballroom **ADHD and The Job Hunt: Empowering Your Clients for Success**

Liz Pawley, University of Cincinnati; Julia Kronholz, Private Practice

RT 4–4 Silver Pearl Ballroom **Supporting Dreamers College to Career and Everything in Between** Sam Desta and Amelia Castaneda, Colorado State University

RT 4–6 Silver Pearl Ballroom Companionship and Support: Establishment and Implementation of Career Coaching Platform for Pre–Service Teachers

Shu–Chen Wu, National Taiwan Normal University; Yu–Ging Tsai, National Taipei University of Education; Ruei–Shiuan Huang, New Taipei Municpal MingZhi Junior High School

RT 4–7 Silver Pearl Ballroom Awareness, Exploration, and Planning: Where Did This Model Come From and Does it Still Serve K–12 Students?

Kristen Tuxbury, Virginia Commonwealth University

RT 4–8 Silver Pearl Ballroom Using Stories: A Strategy for Career and Well–Being Development

Lynn Berger, Self–Employed; Win Sheffield, Self–Employed

RT 4–9 Silver Pearl Ballroom Emerging Technologies and Their Uses in Education, Counseling and Health Care

Deborah Sgro, Beyond The Glass Ceiling, LLC and Ann Nakaska, Constructive Career and Life Design

2:15 – 2:45 pm

VENDOR PRESENTATION #4 Silver Pearl Ballroom

Al in Action: Practical Tools for Career Services Professionals Marie Zimenoff, Career Thoughts Leader

3:00 – 3:30 pm Coffee Break Silver Pearl Ballroom/Exhibit Hall

3:30 – 4:40 pm PRESENTATION SERIES 5

501 Shorebreak 1 Stimulating Employee Success by Engaging in Workplace Career Development

Don Schutt and Christopher East, University of Wisconsin–Madison; Julia Miller, Hennepin County Human Resources

502 Coral 3

Finding Yourself in Transition: A Live Demonstration of the Career Construction Interview Kevin Glavin, Walden University

503 Osprey

From Multicultural Competence to Culturally Responsive and Social Justice Practice in Training Career Practitioners

Christian D. Chan, The University of North Carolina at Greensboro; Cassandra Storlie, Kent State University; David Julius Ford, Jr., Monmouth University; Melissa Wheeler, Sacred Heart University; Elif Balin, San Francisco State University; Melissa Fickling, Northern Illinois University

504 Sandpiper Salon B Well-being in the Workplace: Move from Surviving to Thriving with Strengths

Keri Aaver, CareerWise Consulting, LLC

505 Coral 4

Mindfulness, Brain Science, and Finding Meaning

Breanna Carlos, BYU Idaho; Garrett Nilsson, BYU Idaho

506 Sandpiper Salon A Creating Spaces for Advocacy with State CDAs

Sarah JanTausch, SRJ Coaching and Consulting; Nina Talley

507 Sandpiper Salon D Strategic Scale–up of Career Services with Peer Mentors

Julia Makela, Steven Cox, and Gladys Wan, University of Illinois Urbana– Champaign

508 Coral 5

Finding Calm in the Chaos Kathi Szabo, Eclectic Well–Being and Lake Michigan College

509 Sandpiper Salon C **"Soul–Full": The Happiness Career Project for Thriving in Life and Work and Reducing Anxiety**

Hilary Berger, Hilary Berger Counseling, LLC

510 Driftwood 1

Fostering Resilience and Success: Integrating Career Development and Mental Health for Online Student Advising

Ryn Guzman, Moises Ramirez, and Demesia Razo, Tarrant County College

511 Shorebreak 2

Developing a Dynamic Faculty/ Staff Engagement Program to Promote Engagement and Collaboration on College Campuses

Suzanne Voigt, UNC Charlotte Career Center

512 Coral 2 **The \$1.6 Trillion Career and Mental Health Crisis: Fixit Tools for Career Practitioners** Janet Wall, Career Planning Academy

513 Coral 1

The Synergy of Group Career Counseling (GCC) and Mental Health K Richard Pyle, Self Employed

514 Tidepool 4 **NCDA Leadership Academy Research Project Presentations** Mason Murphy, Texas State University

DEIBA #5

Pelican

Table 1: Inclusive Pathways toSuccess: Career DevelopmentFactors Influencing AcademySuccess for MarginalizedCollege Students

Nikkie Bailey and Emily Bullock–Yowell, The University of Southern Mississippi

Table 2: Employment Barriers andthe Importance of Neuro–InclusiveCareer Advising

Lauren Standish, University of Wisconsin, Milwaukee

3:30 – 4:40 pm ROUNDTABLES SERIES 4

Silver Pearl Ballroom/Exhibit Hall Roundtable sessions provide a relaxed environment for presenters to exchange expertise and knowledge. To join a session, simply locate the table numbered accordingly. Volunteers will be on hand to guide you to your chosen discussion. Each presenter will have 30 minutes to share insights, followed by a facilitated rotation to another table. Attendees will have the opportunity to participate in multiple discussions, with each session lasting 30 minutes and involving one rotation.

RT 5–1 Silver Pearl Ballroom Serving the Long–Term Unemployed (LTU) Through an Innovative Re–Employment and Health Fitness Delivery Model Bob Tiell, Vocational Evaluators of KY (VEK)

RT 5–2 Silver Pearl Ballroom **Practical Examples for Appropriate Career Development and Mental Health Enhancement for Workers' Well–Being**

Momoko Asaka, Veriteworks/ Asia Pacific Career Development Association; Yukie Sato, Yokosuka City School for the Deaf

RT 5–3 Silver Pearl Ballroom Well–Being and Reengaging in New Goals: Pivoting When Work– Options are Limited

Julia Price–Lee, University of South Dakota

RT 5–4 Silver Pearl Ballroom Exploring Approaches to Support Reintegration of Formerly Incarcerated Higher Education Students

Dan Erikson, University of Southern Maine

RT 5–5 Silver Pearl Ballroom Connecting Career and Mental Health across Campus: Building a Professional Development Series for Career Staff

Jessamyn Perlus, Cornell Career Services

RT 5–6 Silver Pearl Ballroom International Students in Higher Education: Opportunities for Promoting Success and Well– Being

Yiying Xiong, Johns Hopkins University; Lena Jackson, JHU SOE

RT 5–7 Silver Pearl Ballroom **The Faulty Ladder: Overcoming Barriers to Women's Advancement into Leadership Roles**

Deborah Sgro, Beyond The Glass Ceiling, LLC

Rountables Series 5 Continued 3:30 – 4:40 pm

RT 5–8 Silver Pearl Ballroom **Recharge Your Focus Through Self–Care**

Mark Danaher, Careers by Design LLC

RT 5–9 Silver Pearl Ballroom Dressing for Success: Empowering Students to Bring Their Authentic Selves to the Workplace

Nicolle Potvin, Bryant University

3:45 – 4:15 pm VENDOR PRESENTATION #5 Silver Pearl Ballroom

YouScience Brightpath: Creating a Career-Connected Higher Education Community

Becky White and Melissa Schneider, YouScience



•••• OPEN EVENING ••••

San Diego blends vibrant urban life with small-town charm. Explore nearby neighborhoods like Little Italy, Gaslamp Quarter, Seaport Village, and Hillcrest, all just a short ride via Uber/Lyft. Discover their charming streets filled with wonderful dining and shopping options.

Across the bay lies Coronado Island, boasting pristine white–sand beaches, a quaint main street, and delightful ocean–side dining. Make the most of your evening by immersing yourself in the charm of San Diego's diverse offerings.

NCDA TRAINING AND CERTIFICATION PROGRAMS

Visit Booth #114 to learn more about the NCDA Facilitating Career Development Training and Certification Program and the newly updated School Career Development Advisor Training and Certification Program.



The NCDA **Facilitating Career Development Training Program** is the premier career development training program worldwide! This widely-used program encompasses all facets of career development and provides an excellent foundation of career development skills for those delivering career services to individuals across diverse settings, both domestically and internationally.



The newly updated **School Career Development Advisor Training Program** is designed for those who work in diverse settings and prepare K-12 students for meaningful work and managing their careers. Learn how to coordinate the design, implementation, and monitoring of school and community-based efforts to improve the chances of students entering the job market with skills, knowledge, and credentials to be competitive.

NCDA Training and Education Council members will be available to answer your questions about these training programs, including how to become an instructor.

Completers of both NCDA training programs are eligible to apply for NCDA Credentials. The NCDA Credentialing Commission (Booth #115) will be available to answer your questions about all NCDA credentials.

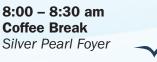
FRIDAY, JUNE 28, 2024			
8:00 am – 1:00 pm	Conference Registration	Silver Pearl Ballroom Foyer	
8:00 – 11:30 am	Meditation Room	Driftwood 2	
8:00 – 8:30 am	Coffee Break	Silver Pearl Foyer	
8:30 – 9:40 am	Presentation Series 6	See Schedule for Details	
10:00 – 11:10 am	Presentation Series 7	See Schedule for Details	
11:10 – 11:30 am	Coffee Break	Pacific Jewel Foyer	
11:30 am - 1:00 pm	Closing General Session	Pacific Jewel Ballroom	
1:00 pm	Conference Adjourns		

8:00 am – 1:00 pm Conference Registration Silver Pearl Ballroom Foyer

8:00 – 11:30 am Meditation Room

Driftwood 2

The Meditation Room welcomes all attendees as a sanctuary to unwind, breathe, stretch, meditate, pray, or take a brief respite from the hustle and bustle. Equipped with yoga mats, towels and soothing music, it offers a space to relax, find your center, and ease your mind amidst the conference rush. Embrace this opportunity to bring your genuine self to the learning sessions, refreshed and grounded.



8:30 – 9:40 am PRESENTATION SERIES 6

601 Coral 5 Integrating Employer–Based Career Counseling Into Existing Internal Employee Assistance Program

Rachel Walker, Tanner Health System/ Engage EAP

602 Coral 2

Trauma–Informed Career Counseling

Daniel Greenwood, Greenwood System

603 Driftwood 1 The Lion Roars at Dinner: How Family Conversations about Work

Influence Career Choice Ellen Weaver–Paquette, Developpe

604 Coral 3 Coaching Clients with Mental Health Conditions: Providing Strategies, Confidence, and Hope Lisa Andrews, Look Forward Career Coaching

605 Coral 4

Do We Really Want to Be Anti– Racist? Exploring DEI Approaches for Career Practitioners

Denise Felder, DeniseMpls Career Services/University of Minnesota

606 Osprey Podcasting and Career Development: Advice from Behind the Mic

Melissa Venable, NCDA; Marie Zimenoff, Career Thought Leaders and Resume Writing Academy; Mark Anthony Dyson, The Voice of Job Seekers; Brad Minton, Your Career GPS; Pierre Michiels, College of DuPage

607 Sandpiper Salon A Work, Well–Being, and Black Womanhood

Cecily Moore; Angela Banks, Antioch University

608 Shorebreak 1 When Anxiety Disorders Interfere with Career Development: The C/ AAP Framework as a Solution L. Michelle Tullier, Careers Uncomplicated

609 Sandpiper Salon B Identity and Workplace Conflict: Well–Being for Intersectional Identities of College Students

Stephanie Bluth, George Mason University; Ryia Steps, Sam Houston State University

610 Shorebreak 2

Case Management from Scratch: A Community College Career Advising Pilot

Adriana Macias, Ryn Guzman, and Demesia Razo, Tarrant County College District

611 Coral 1

Fostering Career Readiness and Resilience with the Design Your Career Guide for Adolescents Barbara Parker–Bell and Debra Osborn,

Florida State University
612 Sandpiper Salon C

Supporting Student Confidence in Career and Post–Secondary Planning

Yoko Kono, College Board; Celeste Hall, Virginia's Community Colleges; Dawn Mann, Val Verde Unified School District, California

613 Sandpiper Salon D

Coaching the Reluctant Student/ Client: Career Coaching Using Motivational Interviewing Techniques

Danielle Sheese and Carolyn Ersland, Purdue University

DEIBA #6 Pelican Supporting Trans and Nonbinary Clients in the Current Policital Climate

Kyle Inselman, University of Denver

8:30 – 9:40 am ROUNDTABLES SERIES 6

Silver Pearl Ballroom/Exhibit Hall Roundtable sessions provide a relaxed environment for presenters to exchange expertise and knowledge. To join a session, simply locate the table numbered accordingly. Volunteers will be on hand to guide you to your chosen discussion. Each presenter will have 30 minutes to share insights, followed by a facilitated rotation to another table. Attendees will have the opportunity to participate in multiple discussions, with each session lasting 30 minutes and involving one rotation.

RT 6–1 Silver Pearl Ballroom **Do Free Chromebooks Impact Employment Outcomes for Immigrants: A Career and Mental Health Research Project**

Elisa Portz, Boston Center for Refugee Health and Human Rights at Boston Medical Center

RT 6–2 Silver Pearl Ballroom Workforce Education Program: Creating Opportunities for Change and Success Among Youth in an Underserved Community Robinson Sonja, International Samaritan

RT 6–3 Silver Pearl Ballroom **Promoting Success of the Whole Student Using A Proactive/ Intrusive Approach and Wraparound Support** Krystal Foxx, Vance–Granville Community College

RT 6–4 Silver Pearl Ballroom Boss Battles and Mythic Quests: Mental Health and Career Development through Video Games

Chris DaSambiagio–Moore, University of North Alabama

RT 6–5 Silver Pearl Ballroom YouScience and Who You Are Matters Changes Lives: National Impact Data

Rich Feller, Colorado State University and Career Development Network; Kim Smith and Jill Minor, Wright State University

RT 6–6 Silver Pearl Ballroom **Bridging the Gap: International Student Employment Challenges, Mental Health Impact, and University Strategies**

Rana Sedeeq, Florida State University

RT 6–7 Silver Pearl Ballroom **Before Burnout: How Career Practitioners Can Support Clients Wellness on Their Career Journeys** Missy Wheeler, Sacred Heart University; Brian Calhoun, Wake Forest University; Lia Falco, University of Arizona

RT 6–8 Silver Pearl Ballroom **Critical Consciousness and Adaptability in International Students' Career Development** Paula Lazarim, Fairfield University; Hongshan Shao, California State University, Northridge

RT 6–9 Silver Pearl Ballroom Balancing Act: New Career Professionals Supporting Student Mental Health and Career Planning Katie Niznik, University of Minnesota; Britannia Gillanders, Santa Clara University; Maddie Portnoy, University of Minnesota; Michael J. Stebleton, University of Minnesota–Twin Cities

10:00 – 11:10 pm PRESENTATION SERIES 7

701 Driftwood 1 Minimizing Mental Health Among Persons with Disability Through Career Development and Counseling Emmanuel Debrah, Jachie Special

Needs Technical institution

702 Sandpiper Salon C **Supporting and Celebrating Neurodiverse Populations Using Advances in Applied Neuroscience** Cindy Edwards, Find Your Fit, LLC

703 Coral 1

Teaching Multiple Specializations in Career Counseling Courses: School and Clinical Mental Health Melissa Fickling and Yenitza Guzman, Northern Illinois University

705 Coral 2

Strategies to Embed Career Management as a Lifelong, Well– Being Practice

Mark Franklin, OneLifeTools and University of Toronto; Rich Feller, Colorado State University

706 Sandpiper Salon A Leading with Authenticity: Prioritizing Identity Safety in Career Development

Kenya Johnson, Auclare Vision

707 Coral 3

Hope in a Robot Workplace: Career Opportunities for the Future Ann Nakaska, Constructive Career and Life Design

708 Shorebreak 1 What it Actually Means to be Anti– Racist in Career Services Denise Felder, Nick Goffard, Katie Niznik, and Tina Zillhart, University of Minnesota

709 Sandpiper Salon D Using Sport Psychology Techniques in Career Development to Support Student Mental Health Katie Southwood and Jordan Goffena, Miami University

710 Coral 5

After the Last Whistle: The Lived Experiences of NCAA Division II Women Athletes in Career Transition after Sport Kaitlin Maguire and Brian Hutchison,

Walden University

Thank you for attending the 2024 NCDA **Global Conference!**

711 Sandpiper Salon B **Connecting Industry Professionals** with K-12 Education to Develop **Career Identity**

Gale Beauchamp, Office of Maricopa **County School Superintendent**

712 Osprev

Trauma and Career: Exploring the Intersection of Both Through **Career Development and Trauma-Informed Lens**

Rae Stout, iAmClinic; Amanda Chenkin, Choice Career Counseling

713 Shorebreak 2

Benchmark Project for Career Development: Diversity, Holism, and Strengths

Ivy Liao, PAC Management Consulting Co, Ltd.; Hsiu-Lan Shelley Tien, Yao-Ting Sung, Hsueh–Chih Chen, Yu–Chen Wang, and Minglun Chung, National Taiwan Normal University; Jean Wu, School of Teacher Education

DEIBA #7

Pelican **Destigmatizing Mental Health**

Support through Career Development: The Case of International Students

Ivette Mekdessi, Rice University; Kelly Woods, Mount Holyoke College; Sanaz Nabati, UCLA; Delyash Tsartsaeva, Elon University

MOMEN.

10:00 - 11:10 am **ROUNDTABLES SERIES 7**

Silver Pearl Ballroom/Exhibit Hall

Roundtable sessions provide a relaxed environment for presenters to exchange expertise and knowledge. To join a session, simply locate the table numbered accordingly. Volunteers will be on hand to guide you to your chosen discussion. Each presenter will have 30 minutes to share insights, followed by a facilitated rotation to another table. Attendees will have the opportunity to participate in multiple discussions, with each session lasting 30 minutes and involving one rotation.

RT 7–1 Silver Pearl Ballroom **Counseling Students' Training Experiences in Supporting the Careers of Individuals with Disabilities**

Na Mi Bang, Indiana University -Purdue University Indianapolis; Treye Rosenberger, Grand View University; Victoria Maneev, University of Iowa

RT 7–2 Silver Pearl Ballroom **IVF = I'm Very Frustrated: The Emotional Impact of Fertility Treatment in the Workplace**

Abby Bjornsen and Ashley Blount, University of Nebraska Omaha; Kara Schneider, University of South Carolina

RT 7–3 Silver Pearl Ballroom **Embracing ChatGPT for Well-Being** and Career Success: A Case Study Approach

Angie Thompson, University of Montana; Janet Wall, Career Planning Academy

RT 7–4 Silver Pearl Ballroom Handling Disappointment in the Job Search: How to Re–Frame **Rejection as a Positive** Alexa Frank, Indiana University

RT 7–5 Silver Pearl Ballroom With Our Powers Combined: Career **Counseling and Academic Advising Together for Student Success** Rebecca Reitz and Andrea Young.

Auburn University

RT 7–6 Silver Pearl Ballroom **Creating a Culture of Hope:** Awareness, Reflection and Engagement

Drews Mitchell and Stace Puerta, Loveland City School District

RT 7–7 Silver Pearl Ballroom Integrating Multiculturalism, Social Justice, and Advocacy into Career Counseling Angela Banks, Antioch University -Seattle

RT 7–8 Silver Pearl Ballroom Your Mental Health Matters Too! **Preventing Burnout for Clients and Practitioners**

V. Casey Dozier, Florida State University; Tristen Hyatt, Piedmont University

RT 7–9 Silver Pearl Ballroom **Group Huddle: Guide to Progressing and Elevating Peer Career Coaches**

Nella Sutyniec and Jocelyn Wimberly, Miami University

Inviting professionals who are new to the field of career development to meet with mentors. See page 11. Find us in the Exhibit Hall. Walk-ins Welcome!



New

11:10 – 11:30 am Coffee Break *Pacific Jewel Foyer*

> **11:30 am – 1:00 pm Closing General Session** Pacific Jewel Foyer



Dr. Y. Barry Chung University of Illinois

Work and Mental Health: A Fascinating Duo

This presentation will provide a synthesis of key learning and take away about mental health and work from the 2024 NCDA conferenace. Real-life examples will be used to illustrate how everything ties together. Attendees may gain new insights and reflections on their own work and life, and be empowered to provide better support for others' actualization of work-life satisfaction. The presenter will facilitate a group dialogue and sharing of experiences among attendees.

1:00 pm Conference Adjourns





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2025 NCDA Global Conference (at least 12 hours) June 18 – 20, 2025 Pre-Conference PDIs – June 17, 2025 Atlanta Marriott Marquis Atlanta, Georgia

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NBCC APPROVED SESSIONS

DD14	044	444 111	000 1
PDI1 - I	214 - I	411 - III	608 - I
PDI2 - I	DEIBA #2 - I	412 - I	609 - I
PD13 - 1	RT 2-1 - I	413 - I	610 - III
		DEIBA #4 - I	
PDI4 - I	RT 2-2 - II		611 - I
PDI5 - I	RT 2-3 - I	#4 VP - II	612 - III
PDI6 - I	RT 2-4 - II	RT 4-1 - I	613 - I
PDI7 - I	RT 2-5 - II	RT 4-2 - II	DEIBA #6 - III
PDI8 - I	RT 2-6 - III	RT 4-3 - I	RT 6-1 - III
101 - II	RT 2-7 - I	RT 4-4 - I	RT 6-2 - II
102 - III	RT 2-8 - II	RT 4-6 - II	RT 6-3 - II
103 - I	301 - II	RT 4-7 - I	RT 6-4 - I
104 - 1	302 - III	RT 4-8 - I	RT 6-5 - I
105 - I	303 - II	RT 4-9 - II	RT 6-6 - III
106 - I	304 - I	501 - I	RT 6-7 - I
107 - I	305 - I	502 - I	RT 6-8 - I
108 - III	306 - I	503 - I	RT 6-9 - II
109 - I	307 - I	504 - III	701 - II
110 - I	308 - 1	505 - I	702 - II
111 - 11	309 - 1	506 - II	703 - 1
112 - 1	310 - I	507 - I	705 - 1
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#1 VP - II	313 - II	510 - II	708 - II
RT 1-1 - I	314 - II	511 - I	709 - I
RT 1-2 - I	DEIBA #3 - II	512 - II	710 - III
RT 1-3 - I	#3 VP - II	513 - I	711 - II
RT 1-4 - II	RT 3-1 - II	514 - II	712 - I
RT 1-5 - III	RT 3-2 - II	DEIBA #5 - III	713 - III
RT 1-6 - II	RT 3-3 - I	#5 VP - III	DEIBA #7 - I
RT 1-7 - III	RT 3-4 - I	RT 5-1 - III	RT 7-1 - II
RT 1-8 - II	RT 3-5 - II	RT 5-2 - III	RT 7-2 - I
		RT 5-3 - II	RT 7-3 - III
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RT 1-10 - I	RT 3-7 - I		RT 7-4 - II
202 - 1	RT 3-8 - I	RT 5-5 - I	RT 7-5 - I
203 - 1	RT 3-9 - I	RT 5-6 - I	RT 7-6 - I
204 - I	401 - II	RT 5-7 - III	RT 7-7 - I
205 - I	402 - II	RT 5-8 - I	RT 7-8 - I
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208 - I	405 - I	602 - III	
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211 - III	408 - 1	605 - III	
212 - 1	409 - 1	606 - III	
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213 - I	410 - II	007 - 11	

MARK YOUR CALENDAR!

NCDA

AUTONOMY to CHANGE

EVOLVING AND ADAPTING

IN REVOLUTIONARY TIMES

CAREER DEVELOPMENT



Please join me in Atlanta for the 2025 National Career Development Association annual conference! Our theme is **Autonomy to Change: Evolving and Adapting Career Development in Revolutionary Times** where we will explore the

drastic advancements in technology and the impact on the entirety of career development. Our conference takes place June 18th – 20th, and on behalf of NCDA, we extend our deepest homage to Juneteenth, a day commemorating the emancipation of the last enslaved people in Texas. Juneteenth serves as a poignant reminder of the ongoing pursuit of freedom, equality, and opportunity for all.

Furthermore, we acknowledge the profound significance of Atlanta in the Civil Rights Movement, where courageous leaders and activists, such as Martin Luther King Jr. and John Lewis, fought tirelessly for justice and equality. Atlanta's pivotal role in shaping the course of history through advocacy and empowerment continues to inspire generations of career development professionals.

As we honor Juneteenth and recognize Atlanta's pivotal contributions, let us reaffirm our commitment to advancing equity and opportunity in career development for all individuals, irrespective of background or circumstance. I am honored to serve in this role and value NCDA's commitment to DEIAB and fostering leadership that represents our membership.

Advents in technology create opportunities and redundancies, excitement and fear, growth and uncertainty. My goal is to bring together career professionals from across the globe to connect, collaborate, and kindle conversations to evolve and adapt our field in unprecedented times. I also encourage you to be an active collaborator and submit an RFP to share your expertise and lend to this pivotal conversation.

I sincerely hope to see you in Atlanta! Together we can share laughter, stories, and knowledge with our fantastic friends and colleagues.

Muchisimas gracias!

Marty Apodaca, LPCC-S, CCC, NCC NCDA President 2024–2025 NCDA GLOBAL CAREER DEVELOPMENT CONFERENCE Atlanta Marrioti Marquis ATLANTA, GA June 18 – 20, 2025 Pre-Conference, June 17, 2025

ATLANTA, GA JUNE 18-20, 2025

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ССС

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CSCDA

Certified School Career Development Advisor

For K-12 career educators working directly with students, or who help design and coordinate school and community based efforts.

CCSCC

Certified Clinical Supervisor of Career Counseling

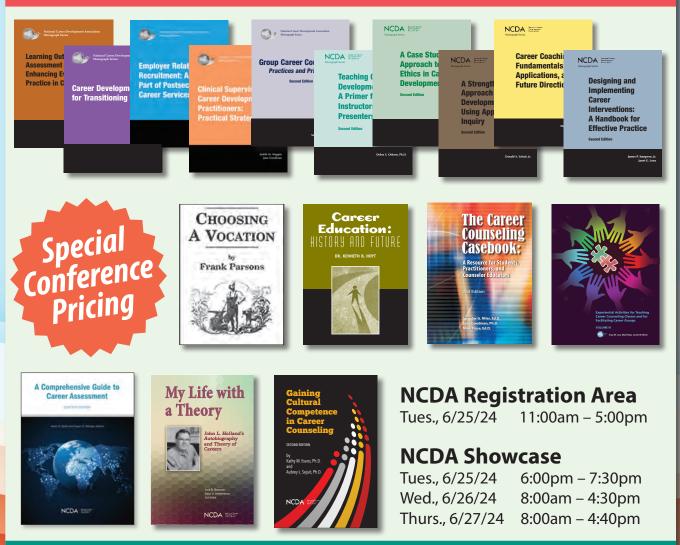
For individuals who are trained for or experienced in the delivery of clinical supervision to career counselors and other practitioners who provide career services.

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